



**Fall
2023**

Orono

COMMUNITY EDUCATION

oronocommunityed.com | 952-449-8350

Early Learning • Child Care • Youth & Adult Programs

Welcome!

Our Staff

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Program Spotlight

Supporting our Spartans

Supporting Our Spartans is a free learning opportunity for parents and caregivers in the community. These offerings have a focus on mental health and well being support for families supported by Orono Healthy Youth Collaborative. We are excited to announce new offerings this fall. Learn more about ADHD symptoms and support with Dr. Amy Adams and attend a Youth Mental Health First Aid training. Just like CPR, Youth Mental Health First Aid equips adults who interact with young people on how to help support youth living with mental health challenges and who are in crisis. We want to teach parents, family members, caregivers, adults who work with youth and other caring citizens how to help youth in our community.

Topics of past presentations include: digital wellbeing, chemical use trends and how to talk to youth, supporting our young learners with their mental health, self care for parents, how to navigate change and coping with stress. Trainings are offered for free either virtually or in person. See page 11 for details and how to register.

Look for future offerings and help us spread the word about these presentations. Open to all!

Community Education Advisory Council

The core of Community Education is the Advisory Council. Members of the community serve on this advisory board to give direction to all of the programs offered by Orono Community Education. The council meets four to five times per year. If you are interested in joining this group, contact Community Education Director, Tiffany Clifton at tiffany.clifton@orono.k12.mn.us for more information. This group advises Community Education on its services and programs including: Youth and Adult Enrichment, Adult Basic Education, Early Learning Programs, Recreation and Athletics, School Age Child Care, Aquatics and more!



Orono Community Education is a department of Orono Public Schools.

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Fused Glass Open Studio

Fused Glass Open Studio provides time and space to create fused glass projects for beginner and advanced participants. A facilitator will be on hand for advice and support. A \$25 supply fee will be collected at the studio for each new punch card. Participants are asked to bring their own glass (COE90-preferred), cutting tools and molds (sharing of materials is also an option). It is recommended that participants have taken at least one fused glass class before joining Open Studio. Punch cards have 8 punches and are valid for 12 months.

Instructors: Nancy Bossert, Lynne Courtney, Tracee Eidenschink & Anita Lang

**#F511 | Wednesdays, Sept. 6 - Dec. 20 | Punch card - \$110
6:30 - 9 PM | Discovery Center | Room 201**

Fused Glass Holiday Ornaments

Embellish your tree, packages, gifts or your home with holiday-themed fused glass! Choose from a variety of simple ornament styles (snowmen, trees, stars, snowflakes, penguins, etc.) to create for your holiday decor. You can create up to four ornaments and if time, have the ability to create more! A \$20 material fee, which covers glass and firing for four ornaments, is payable the night of class to the instructors. Each additional ornament will be \$5.

Instructors: Nancy Bossert, Lynne Courtney, Tracee Eidenschink, & Anita Lang

**#F504-1 | Monday, Oct. 23 | 1 session - \$25
6:30 - 9 PM | Discovery Center | Room 201**

**#F504-2 | Monday, Nov. 13 | 1 session - \$25
6:30 - 9 PM | Discovery Center | Room 201**

**#F504-3 | Monday, Dec. 4 | 1 session - \$25
6:30 - 9 PM | Discovery Center | Room 201**

Mosaic Picture Frame

Bring one picture frame and make it beautiful with stained glass mosaic pieces! We will design, cut glass, glue and then grout at the second session. All tools and materials are available at our glass studio. Your frame must be no larger than 14" wide or long. Make sure it is flat and made from wood or metal. A \$15 supply fee is payable to the instructor at the class. Call to register participants ages 12-17 (must attend with an enrolled adult).

Instructor: Cindy Bergstrom

**#F512 | Monday & Tuesday Nov. 27 - 28 | 2 sessions - \$59
6:30 - 9 PM | Discovery Center | Room 201**

Stained Glass Open Studio

Stained Glass Open Studio provides time and space to work on your projects whether you are a beginner, intermediate or advanced worker. This is a great time to create smaller projects even if you have no experience cutting glass. A facilitator is available for advice and support. Purchase an 8-punch card and receive an area to store supplies, tools and your projects. Punch cards are valid for 12 months. Students can group order glass and supplies to save time and money.

Instructor: Cindy Bergstrom

**#F508 | Saturdays, Sept. 30 - Dec. 16 | Punch card - \$110
9:30 AM - 12:30 PM | Discovery Center | Room 201**

Beginner Stained Glass Window

Come ready to create a beautiful stained glass window approximately 8" x 10" in size. This class is for both beginner and experienced stained glass participants! The copper foil technique will be taught from cutting to assembly. The first night focuses on choosing a pattern and discussing colors of glass, equipment and layout. There are numerous beginner patterns to choose from such as a calla lily or sailboat. Glass and materials are purchased directly from the instructor at class - \$60. Tool kits are provided. This class includes one free Saturday morning Open Studio visit. Call to register participants ages 14-17 (must attend with an enrolled adult).

Instructor: Cindy Bergstrom

**#F506 | Tuesdays, Oct. 10 - Nov. 7 | 4 sessions - \$119
6:30 - 9 PM | No class Oct. 31 | Discovery Center | Room 201**



Stained Glass Halloween Bat

Build your own "friendly" bat to place in a window for Halloween. You will learn to cut stained glass pieces, copper foil and solder in one class. Supply fee of \$20 payable at class. Call to register participants ages 12-17 (must attend with an enrolled adult).

Instructor: Cindy Bergstrom

**#F517 | Thursday, Oct. 5 | 1 session - \$39
6:30 - 9 PM | Discovery Center | Room 201**

Paint Night

Spend a fun and relaxing night painting. Local artist Kevin Kluever will guide painters of all abilities through creating a piece from start to finish. Explore your creativity and paint your own masterpiece. REQUIRED MATERIALS: 11x14 or 8x10 inch canvas board.

Instructor: Kevin Kluever

#F531-1 | Monday, Sept. 11 | 1 session - \$39
7 - 9 PM | Discovery Center | Room 201

#F531-2 | Monday, Oct. 9 | 1 session - \$39
7 - 9 PM | Discovery Center | Room 201



September



October

Exploring Watercolor

For those with little or no experience to those who want to expand their watercolor knowledge, this class will cover a variety of techniques in applying watercolor. Working on a small scale will allow students to complete 2 - 4 paintings during class. All materials provided. Call to register participants ages 12-17 (must attend with an enrolled adult).

Instructor: Sharon Tauber

#F558 | Tuesday, Sept. 26 | 1 session - \$39
6:30 - 9 PM | Westonka Activity Center | Conference Room

Paint Your Pet Night!

Create a painting of your pet. First - send a picture of your photo to the instructor at emvictorystudio@gmail.com. Next - the instructor will sketch out your image in preparation for class. Finally - gather your friends and come paint! A print out of your photo, all the materials needed to paint and some light refreshments will be provided. Call to register participants ages 11-17 (must attend with an enrolled adult). No experience or talent necessary!

Instructor: Emily Victory

#F542 | Monday, Nov. 20 | 1 session - \$39
6 - 9 PM | Westonka Activity Center | Conference Room

Wool Felted Wall Art

Discover an art medium that is made for all levels of students! Create a fiber painting using wet felting and needle felting techniques. This two-day class will leave you with a beautiful wall hanging that you can enjoy in your own home or gift to a loved one. A supply fee will be due at the start of class, and is based on the size you choose for your felt painting. Small - \$15, Medium - \$20, Large \$25. Call to register participants ages 14-17 (must attend with an enrolled adult).

Instructor: Laura Mayo

#F534 | Monday & Tuesday Oct. 2 - 3 | 2 sessions - \$39
6 - 8 PM | Discovery Center | Room 201



Exploring Mixed Media

Students will be guided in playing with combining a variety of media, including watercolor, watercolor pencils, pastels, ink, and charcoal. Working on a small scale will allow students to complete 2 - 4 pieces during class. All materials provided. Call to register participants ages 12-17 (must attend with an enrolled adult). No experience is required for this class.

Instructor: Sharon Tauber

#F559 | Saturday, Oct. 28 | 1 session - \$39
9 - 11:30 AM | Westonka Activity Center | Conference Room

4 Community Theatre

*Providing high quality community theater
 in the west metro for over 20 years!*

Be a part of making theater magic in this community!

www.4communitytheatre.org

"Hello" DIY Door Hanger

Gather your friends and family for a fun night of DIY and create a custom "Hello" sign to decorate your front door! Paint with any color combination you desire! All pieces will come unassembled for easy painting. Gluing will be required when assembling. All supplies and material are included in the cost.

Instructor: Carver Junk Company

#F503 | Thursday, Oct. 12 | 1 session - \$50
7 - 8:15 PM | Discovery Center | Room 201



Whittle a Christmas Gnome

Learn to whittle a whimsical holiday gnome just in time for Christmas! This class is an introduction to traditional Scandinavian woodcarving. An ideal course for beginners, but experienced carvers are welcome too! Students will transform a simple basswood block into a carved and painted figure. We will practice several knife grips to safely and effectively shape the wood. Students will also learn techniques for applying paint and a wax finish. Two patterns will be taught - one basic and the other a bit more challenging. Students should bring their own sharp carving knife and cut resistant safety gloves to class. Materials (wood blanks, paint, brushes and wax) will be provided. Additional gnome blanks will be available for cash purchase in class. If you wish to purchase these items through the instructor, please contact Carley Olsem at olsemc@westonka.k12.mn.us no later than one month prior to the class date. Call to register youth participants (must attend with an enrolled adult).

Instructor: Matt Myles Bruch

#F516-1 | Sunday, Nov. 12 | 1 session - \$65
12 - 4 PM | Mound Westonka High School | Room B204

#F516-2 | Sunday, Nov. 19 | 1 session - \$65
12 - 4 PM | Mound Westonka High School | Room B204

Hand Lettering for the Holidays

With a marker or a pen, use the basics of lettering to create a calligraphy look for your holiday tags and envelopes. There will be envelopes, tags, cardstock and a variety of markers (you may also bring your own). In this class, the instructor will break down the steps to create the styles you've seen on chalk boards at coffee shops. Regardless of what your handwriting looks like, you can learn how to hand letter. Come relax, have some fun and come away with your own cards, tags or keepsakes. All materials are included in the cost. Call to register participants ages 14-17 (must attend with an enrolled adult).

Instructor: Pretty Prints & Paper

#F513 | Monday, Dec. 11 | 1 session - \$39
7 - 8:30 PM | Discovery Center | Room 201

A poster for 'Art in the Park' featuring a row of pumpkins and autumn leaves at the top. The text 'Art in the Park' is written in a large, stylized font, with 'Art' in orange and 'Park' in purple. Below this, it says 'FREE art event for the entire community!' in a smaller, white font. At the bottom, it says 'Thursday, September 28 5 - 7 pm Veterans Memorial Park' in a white font.

Art in the Park

FREE art event
for the entire
community!

Thursday, September 28
5 - 7 pm
Veterans Memorial Park

Wedding Dance Rescue!

Your wedding day is nearing and you don't know how to dance. We can fix that! In this two-hour lesson, you and your fiancé will learn everything you need to know for your first dance. You will be taught easy steps, sways, twirls, dips and even a couple gentle (and optional) lifts! Have you selected your song? If so, you may send it to the teacher in advance. If not, your teacher has recommendations and resources. Class is open to any combination of partners. To reach the instructor before your lesson to share your song or discuss your needs, visit www.ConstantineDance.com or for more information on private lessons.

Instructor: Deanna Constantine

#S191-2 | Monday, Aug. 28 | 1 session - \$30
6:30 - 8:30 PM | Activities Center | Room 30

Easy Partner Dancing

No matter the occasion, you'll be prepared to dance! Be one of the best dancers at your next event, or just have some fun dancing together at home! Try something new to add laughter and romance into your relationship. Taking steps from classic ballroom dances, you'll learn easy-to-remember mini-routines, danceable to all your favorite songs including pop, blues, rock, country and more. If you think you have no rhythm and two left feet, this is the perfect course for you! Couples stay dancing together and singles rotate with other singles. Casual dress. For more information, visit www.ConstantineDance.com.

Instructor: Deanna Constantine

#F507 | Thursdays, Oct. 26 - Nov. 16 | 4 sessions - \$65
7 - 8:30 PM | Westonka Activity Center | Fitness Studio

Helping Your Early Readers at Home

Strong reading skills are foundational to a child's overall learning success. Parents will learn effective ways to approach reading instruction with their children from PreK through 2nd grade. This session will include current research on how children learn to read and will provide ideas on how to support your child's reading skill development at home. We will discuss many helpful resources and will do hands-on practice of a few foundational teaching tools for early readers. Join us for an evening of learning, fun and idea sharing. Leave with some great information and resources to support your early readers! For more information on scholarship opportunities, call Anita at 952-449-8354.

Instructor: Katie O'Keeffe

#F535-1 | Wednesday, Oct. 11 | 1 session - \$20
6:30 - 8 PM | Activities Center | Room 28

#F535-2 | Thursday, Nov. 30 | 1 session - \$20
6:30 - 8 PM | Activities Center | Room 28

55+ Defensive Driving Refresher Course

The driver improvement course is a state approved accident prevention/insurance discount course that is open to the public and taught by a MN Highway Safety & Research Center certified instructor teaches this class. By utilizing the most up-to-date research in the field, participants will be provided the latest information in regards to driver and traffic safety, new laws, and vehicle technology. This class has something for everyone! Persons ages 55 and older who complete the course qualify for a 10% discount on their auto insurance premiums for three years, according to Minnesota law. First time participants must complete the initial eight hours of training and a four hour refresher class every three years to maintain the 10% discount. IMPORTANT NOTE! Registration for this course is not taken through Orono Community Education.

For more information and to register for this course, go to www.mnsafetycenter.org or call TOLL FREE 1-(888)-234-1294.

Instructor: Dave Sundeen

Ages 55+ | Friday, Sept. 15 | 1 session - \$24
12:30 - 4:30 PM | Activities Center | Room 28

Ages 55+ | Monday, Oct. 30 | 1 session - \$24
12:30 - 4:30 PM | Activities Center | Room 28

Ages 55+ | Monday, Dec. 4 | 1 session - \$24
12:30 - 4:30 PM | Activities Center | Room 28

ADULT VOLUNTEERS NEEDED!

Orono SPARKS Support students from 3 - 5 pm or 4 - 5 pm in our Orono after school mentoring program. Mentors can volunteer once or twice a week starting in October.

Orono STRIVE Adult mentors help high school students discover their strengths and take charge of their education, career and goals. STRIVE meets once a month.

Interested? Email Genna Torney at genna.torney@orono.k12.mn.us

Instant Piano for Hopelessly Busy People Virtual Class

In just a few hours, you can learn enough secrets of the trade to give you years of musical enjoyment. Learn to play piano the way professionals do using chords. Since this class is being held online with ZOOM you will be able to sit at your piano or keyboard at home and take this course with no pressure at all. This course includes an online book and follow up video lessons so you will be able to continue your practice and study on your own. An optional question and answer session and a recording of the class is included as well. The course is part lecture/demonstration and part hands-on instruction. Topics include: how chords work in a song, how to get more out of sheet music by reading less of it, how to form the three main types of chords, how to handle different keys and time signatures, how to avoid "counting" and how to simplify over 12,000 complex chords. Participants ages 13-17 must have an adult guardian present during the virtual lesson.

Instructor: Craig Coffman

#F504 | Monday, Nov. 13 | 1 session - \$64 | 6:30 - 9:30 PM

Instant Guitar for Hopelessly Busy People Virtual Class

Have you ever wanted to learn the guitar but simply find it difficult to find the time? In just a few hours, you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Since this class is being held online with ZOOM, you will be able to sit at home with your guitar and take this class without any pressure at all. The class includes an online book, online follow-up video lessons and a recording of the class so you will be able to continue your practice and study on your own. An optional periodic online question and answer session is also included. Topics include: how chords work in a song, how to form the three main types of chords, how to tune your guitar, basic strumming patterns, how to buy a good guitar (things to avoid) and how to play along with simple tunes. Participants ages 13-17 must have an adult guardian present during the virtual lesson.

Instructor: Craig Coffman

#F505 | Tuesday, Nov. 14 | 1 session - \$64 | 6:30 - 9 PM

Laundry Camp with Patric Richardson

Patric Richardson is being called the 'Laundry Evangelist' and becoming a household name! Come relax and have fun learning with Patric Richardson, laundry guru from Mona Williams and author of *Laundry Love*. Enjoy Patric's vivid storytelling and Southern drawl as you learn things you thought you always knew but really didn't. You'll be shocked at what you will learn about laundry in one evening. Patric will reveal his secrets in stages and then give out tips of the trade. Sort, wash and care for your clothes with confidence. Wash the unwashable and care for textiles and clothes at home all while having fun. Learn how to save money and toss those chemicals. You will never look at laundry the same again! Patric's book will be available for purchase by credit card.

Instructor: Patric Richardson

**#F518 | Wednesday, Oct. 25 | 1 session - \$29
6:30 - 8:30 PM | Wayzata High School | Auditorium 2**

Swedish Christmas Day Trip

Step back in time as we tour the Turnblad Mansion, decorated for the holiday, and learn about Swedish history. Enjoy a traditional Swedish Smörgåsbord buffet for lunch. There will be a stop at Ingebretsen's Scandinavian Gifts and Foods to shop for authentic gifts items and traditional Nordic foods. The bus will depart from Plymouth Community Center at 8:45 am and will return around 3 pm. Register by Oct. 16.

**#F501 | Thursday, Nov. 16 | 1 session - \$86 | 8:45 AM - 3 PM
American Swedish Institute**

Circle
OF FRIENDS

Circle of Friends is a program that provides social, recreational and educational experiences for persons in a high school transition program through adult with mild developmental disabilities. The group typically meets two Thursday evenings each month.

**For more information call
Anita Goman at
952-449-8354.**

East Indian Instant Pot: Butter Chicken, Coconut Curried Lentils, & Homemade Naan - Virtual Class

Enjoy participating in this virtual Instant Pot® COOK-ALONG class! Two dishes will be made during class. Choose one for your cook-along and watch a demonstration of the other, or if you have a second Instant Pot® on hand, make both! On the menu: Butter Chicken and Coconut Curried Lentils. Tess will also guide participants in making their own homemade naan. Ask questions, interact with other participants and increase your confidence in using your InstantPot®. Participants will receive a list of ingredients prior to the class with enough time for shopping and prep. A PDF packet of the instructor's personal recipes will also be sent. This class will take place on Zoom and participants will receive instructions on how to access the class prior to it starting. One registration includes immediate family members living in the same home. Adult supervision is required for children participating.

Instructor: Tess Georgakopoulos

#F520 | Saturday, Sept. 23 | 1 session - \$35 | 4 - 6 PM

Macarons

In this class we will make and assemble three different flavor macarons with delicious fillings. Each student will take home a box of macarons to give as a gift (or just eat them yourself). A supply fee of \$13 per student payable to the instructor in class by check or cash. Please bring containers to take home your macarons.

Instructor: Nancy Burgeson

**#F523 | Thursday, Sept. 28 | 1 session - \$39
6 - 9 PM | Wayzata Central Middle School | Room A306**

Oktoberfest

Kick off your fall - German style - with fresh-baked pretzels. You'll enjoy "Sauerbraten" tender pot roast in a tangy sweet and sour sauce, beef rouladens stuffed with pickles, bacon and onions in red wine sauce, pork blade steak braised with sauerkraut, and "Weiner Schnitzel". Side dishes will include spaetzle, potato pancakes, potato dumplings, mashed potatoes and braised red cabbage. We'll even finish with a classic black forest cake. Please note that this is a cooking demonstration class, all ingredients and supplies are included in the registration fee.

Instructor: Jeff Sandino

**#F527 | Wednesday, Oct. 11 | 1 session - \$49
6 - 9 PM | Wayzata Central Middle School | Room A306**

Fright Night Delight! Ghoulish Fall Family Fun! - Virtual Class

Fall is synonymous with pumpkins, harvest and ghoulish family fun! Join Tess for an evening of fun as she guides you step-by-step to create a unique fall family feast called "Fright Night Delight"! On the menu: pumpkin and potato gnocchi with cheesy cream sauce, ghoulish "intestines" (stuffed pastry seasoned meat roll) with a gory cranberry dipping sauce, and pumpkin spice chocolate chip muffins! Participants will receive a list of ingredients prior to the class with enough time for shopping and prep. A PDF packet of the instructors personal recipes will also be sent. This class will take place on Zoom and participants will receive instructions on how to access the class prior to it starting. One registration includes immediate family members living in the same home. Adult supervision is required for children participating.

Instructor: Tess Georgakopoulos

#F521 | Friday, Oct. 13 | 1 session - \$39 | 6 - 8:30 PM

Holiday Charcuterie Board

Elevate your holiday gatherings this season with a beautifully crafted charcuterie board. Laura, from Fig and Ivy Charcuterie, will provide step-by-step guidance in the arrangement of fine cheeses, meats and additional accompaniments. Your board will be a perfectly festive (and edible) centerpiece! Have fun with family and friends at Iron Exchange in Maple Plain. Food and beverages available to purchase during class. A supply fee of \$40 for all ingredients and materials will be due at the start of class (credit card & Venmo accepted). Bring home a helpful grocery list for future boards, and an artfully arranged 10" round charcuterie board to enjoy right away!

Instructor: Laura Norton

**#F525-1 | Thursday, Nov. 16 | 1 session - \$37
6:30 - 7:45 PM | Iron Exchange**

**#F525-2 | Thursday, Dec. 14 | 1 session - \$37
6:30 - 7:45 PM | Iron Exchange**



Mediterranean Chicken Gyro Meal! Virtual Class

Experience the flavors of the Mediterranean in the comfort of your own home in this live cook-along-class. Create the taste of Greece in your own kitchen. On the menu: chicken gyro, tzatziki, oven roasted lemon potatoes, homemade pita bread, and salad dressing! Participants will receive a list of ingredients in advance of the class with enough time for shopping and prep. A PDF packet of the instructor's personal recipes will also be sent. This class will take place on Zoom and participants will receive instructions on how to access the class prior to it starting. One registration includes immediate family members living in the same home. Adult supervision is required for children participating.

Instructor: Tess Georgakopoulos

#F522 | Saturday, Nov. 18 | 1 session - \$39 | 4 - 6:30 PM

Holiday Copycat Cinnabon® Cinnamon Rolls & Hot Cocoa Bombs - Virtual Class

Add two wonderful treats to your holiday celebration as you create freshly baked homemade Cinnamon Rolls and hot cocoa bombs! After keeping her Copycat Cinnabon® (Cinnamon Roll) recipe a secret for many years, Tess has decided to share it for the first time! You will love these warm, gooey, rolls topped with cream cheese frosting. While the cinnamon rolls are rising, you'll get to make hot cocoa bombs, perfect to enjoy during the cold Minnesota winter. Participants will receive a list of ingredients in advance of the class with enough time for shopping and prep. A PDF packet of the instructor's personal recipes will also be sent. This class will take place on Zoom and participant will receive instructions on how to access the class prior to it starting. One registration fee includes immediate family members living in the same home. Adult supervision is required for children participating.

Instructor: Tess Georgakopoulos

#F526 | Saturday, Dec. 2 | 1 session - \$39 | 4 - 6:30 PM

Swedish Meatballs & Hand-Pulled Noodles! - Virtual Class

Swedish meatballs are a holiday tradition enjoyed by many families around the world. Create a memorable holiday meal for your family. Make Swedish meatballs seasoned to perfection and bathed in a savory-velvety cream sauce. Then, have the pleasure of serving them over your own hand-pulled noodles! While cooking-along is loads of fun, and highly recommended, it is optional. Participants will receive a list of ingredients in advance of the class with enough time for shopping and prep. A PDF packet of the instructor's personal recipes will also be sent. This class will take place on Zoom and participants will receive instructions on how to access the class prior to it starting. One registration includes immediate family members living in the same home. Adult supervision is required for children participating.

Instructor: Tess Georgakopoulos

#F524 | Saturday, Dec. 9 | 1 session - \$39 | 4 - 6:30 PM



VIRTUAL CLASS DETAILS

Once registered watch for an email with ingredients list and access to Zoom link prior to class.

CPR, First Aid & AED

This blended learning (online learning and in-person skills) session will help participants recognize and respond appropriately to cardiac, breathing and first aid emergencies. Successful participants will receive a 2-year Red Cross certificate for Adult and Pediatric (infant and child) CPR, First Aid and AED. Register at least 10 days prior to the in-person skills date, as adequate time is needed to complete the online learning portion PRIOR to testing for the skills. This will allow you the time to complete lesson at your own pace. You will need to provide the instructor with proof of online completion in order to take part in the skills testing. Each participant will be assigned a two-hour time slot between 5 pm and 9 pm. You will select a preferred 2-hour time slot when registering but we cannot guarantee that request. Online learning details and the assigned skills testing time will be sent via email. A personal email address is required to receive class content. A work-affiliated email addresses will not work.

Instructor: Lavinia Pottios

#F560-1 | Monday, Oct. 9 | Registration Deadline: Sep. 28
#F560-2 | Monday, Nov. 13 | Registration Deadline: Nov. 3
#F560-3 | Monday, Dec. 11 | Registration Deadline: Dec. 1
1 session - \$65 | 5 - 9 PM | Schumann Elementary | Cafeteria

Medicare 101

Does navigating the different parts and options of Medicare seem like an overwhelming task? It doesn't need to be! This educational presentation with licensed agents, Ann Turner and Sandy Sleck will be answering any and all questions about Medicare. The presentation will provide a breakdown of the different parts of Medicare, including Original Medicare (Parts A and B), Medicare Advantage plans (Part C), Medigap and prescription drug coverage plans (Part D). We will also discuss enrollment deadlines and provide valuable information for anyone looking to make informed decisions about your or a loved ones healthcare needs.

Instructor: Sandy Sleck & Ann Turner

#F500 | Tuesday, Oct. 3 | 1 session
Orono Activities Center Members - FREE
Non-Members - \$5
6:30 - 8 PM | Activities Center | Room 28

Tech Buddies

Join us for 1:1 assistance with all your technology related questions.

8:30-9:30 | Activities Center Classroom

September 28

October 26

November 30

December 14



Supporting Our Spartans: Parent/Caregiver Workshops

The Supporting Our Spartans Parent Series includes two free interactive workshops. Register for one or both. Parent resources will be provided at each session.

All Workshops 1 session | FREE

You can choose to make a \$5 or \$10 donation at the time of registration.

ADHD: Symptoms, Superpowers, Self-Image & Support- Virtual Class

This talk provides a meaningful and relatable perspective on ADHD, including symptom definitions and reframes, as well as an introduction into the neuroscience behind executive functioning. Dr. Adams will share a historical perspective on ADHD and important details about the biology of this aspect of neurodiversity, including how the brain focuses and how hormones play a role. Dr. Adams will also discuss the superpowers that can come along with ADHD, how living with ADHD can affect one's self-image and give valuable guidance for support. You will receive a Zoom link the week of the session.

Presenter: Dr. Liz Adams

#F530 | Thursday, Oct. 5 | 6:30 - 8 PM

Youth Mental Health First Aid

Youth Mental Health First Aid is designed to teach parents, family members, caregivers, teachers, school staff, peers, neighbors, health and human services workers and other caring citizens how to help an adolescent who is experiencing a mental health or addictions challenge or is in crisis. Youth Mental Health First Aid is primarily designed for adults who regularly interact with young people. The course introduces common mental health challenges for youth, reviews typical adolescent development and teaches a 5-step action plan for how to help young people in both crisis and non-crisis situations. Topics covered include anxiety, depression, substance use, disorders in which psychosis may occur, disruptive behavior disorders (including ADHD) and eating disorders. A 2-3 hour self paced online class to be completed prior to the in-person class.

Presenters: The Hennepin County Children's Mental Health Collaborative and Change Inc.

#F531 | Wednesday, Nov. 8 | 9 AM - 3 PM
Activities Center | Room 28

**Have a membership
to the Orono Activities Center?**

Take 10% OFF the adult Fitness classes

Use code **"Fitness23"**
when registering online.
Some classes do not qualify.



Adult Basketball Open Gym

Season Pass: \$60 purchased online only (September - December)

Drop In Fee: \$5 cash (paid at the front desk upon arrival)

Orono Activities Center Members: Free

#F546 | Wednesdays, Sept. 6 - Dec. 27 | 7 - 9 PM

Orono High School | Competition Gym

Adult Volleyball Open Gym

Season Pass: \$53 purchased online only (September - December)

Drop In Fee: \$5 cash (paid at the front desk upon arrival)

Orono Activities Center Members: Free

Two courts of play. Co-ed teams formed upon arrival.

#F547 | Wednesdays, Sept. 6 - Dec. 20 | 7 - 9 PM

No Open Gym Nov. 22

Orono Middle School | Gym A

Table Tennis Open Play

Season Pass: \$28 - purchased online only (Sept. - Nov.)

Drop In Fee: \$5 cash - (paid at the front desk upon arrival)

Orono Activities Center Members: Free

All players must enter through the Activities Center Door H8 and check-in at the front desk. Paddles and balls will be provided but you may bring your own to use.

#F545 | Tuesdays, Sept. 12 - Oct. 31 | 8 sessions - \$28

9:30 - 10:30 AM | Orono Activities Center | Court 1

Cardio Kickboxing

The time will fly by in this fun, fast-paced class where you will kick, punch and twist to the music all while working on your cardio. Modifications are given so all levels are welcome. Call to register participants ages 14-17 (must attend with an enrolled adult).

Instructor: Get It Done Fitness

#F532 | Saturdays, Sept. 16 - Dec. 9 | 11 sessions - \$143

10 - 11 AM | No class Oct. 21 & Nov. 25

Orono Activities Center | Room 30

Bonus Pilates

This is full body Pilates strength training with a focus on your core. Receive the extra "bonus" using prop work with weights, bands and exercise balls to strengthen all large muscle groups including your glutes, legs, arms and shoulders.

Instructor: Carrie Senske

#F534-1 | Tuesdays, Sept. 19 - Oct. 24 | 6 sessions - \$72

4:15 - 5 PM | Orono Activities Center | Room 30

#F534-2 | Tuesdays, Nov. 7 - Dec. 19 | 6 sessions - \$72

4:15 - 5 PM | No class Nov. 11

Orono Activities Center | Room 30

Total Body Burn

This 60-minute class offers a mix of cardio and strength training guaranteed to burn calories and tone muscles. We use a variety of equipment that challenges you in different ways. Every class finishes with core work and stretching to get your day off to a great start! High and low impact options demonstrated. Join us one or two days per week. All fitness levels are welcome. Bring water, a towel, a mat and a positive attitude!

Instructor: Stephanie Meadows

#F533-1 | Mondays & Wednesdays, Sept. 6 - Oct. 25

15 sessions - \$180 | 6:05 - 7:05 AM

Orono Activities Center | Room 30

#F533-2 | Mondays & Wednesdays, Sept. 6 - Oct. 25

15 sessions - \$180 | 9:30 - 10:30 AM

Orono Activities Center | Room 30

Beginner Tai Chi

Harness and cultivate your internal energy and explore the many health benefits that can be gained through the practice of Tai Chi. Great for beginners and people of any age and almost any ability. The beginner class teaches forms that are shorter and easier to learn with a higher stance (no deep knee bending), agile steps and Qigong exercise throughout. It can be done standing or seated and can be modified to meet each individual's abilities. The CDC and the Agency on Aging recommend Tai Chi for arthritis and fall prevention. The Arthritis Foundation worldwide supports this program as well. As you learn movements you will also learn to focus on movement control, weight transference and integration of mind and body.

Instructor: Erica Heinrichs

#F514 | Saturdays, Sept. 23 - Nov. 18
8 sessions - \$96 | 9 - 9:50 AM | No class Oct. 21
Orono Activities Center | Room 30

Tai Chi

Using your mind and body connection, tai chi practice creates internal strength through gentle relaxing movements. You will increase balance, strengthen bones and improve flexibility and coordination. Tai chi is a lifelong exercise with many positive benefits for participants living with or without arthritis. The form is easy to learn and suitable for all ages. Wear loose-fitting clothing for ease of movement and comfortable shoes.

Instructor: Cindy Bergstrom

#F510 | Thursdays, Oct. 5 - Nov. 16 | 7 sessions - \$84
10 - 11 AM | Orono Activities Center | Room 30

Mindful Breathing, Stretching & Relaxation

Slow down, de-stress and unwind at the end of a busy day. This class will focus on mindful breathing, gentle stretching, flexibility and relaxation. In our day-to-day lives, we don't get enough of this! Schedule a time for yourself to practice and learn techniques that support a calm and healthy lifestyle.

Instructor: Mary Zillmann

#F565 | Tuesdays, Sept. 26 - Dec. 12 | 10 sessions - \$110
6:30 - 7:30 PM | No class Oct. 31 & Nov. 21
Orono Activities Center | Room 30

Yoga Flow

Take some time for you. This yoga class is designed to give you a blend of gentle, flowing movements while building strength, balance, and mobility. Calm your mind and your body as we connect low impact movements to our breath. This class will leave you feeling both relaxed and recharged. Designed for all levels from beginner to advanced.

Instructor: Nikki Massa

#F528-1 | Mondays, Sept. 18 - Oct. 23 | 6 sessions - \$72
5:30 - 6:30 PM | Orono Activities Center | Room 30

#F528-2 | Mondays, Nov. 6 - Dec. 11 | 6 sessions - \$72
5:30 - 6:30 PM | Orono Activities Center | Room 30

Family Yoga

Enjoy quality time with your family while moving your bodies with Family Yoga. This class features low impact movements, fun breathing exercises, partner poses and more. Children are encouraged to bring a stuffed animal along as a breathing buddy during class. Best for children age 5+. Only one adult per family needs to register. Please bring yoga mats if you have them. Extra mats are available if needed.

Instructor: Nikki Massa

#F529-1 | Sunday, Oct. 15 | 1 session - \$20
1 - 2 PM | Orono Activities Center | Room 30

#F529-2 | Sunday, Nov. 12 | 1 session - \$20
1 - 2 PM | Orono Activities Center | Room 30

#F529-3 | Sunday, Dec. 10 | 1 session - \$20
1 - 2 PM | Orono Activities Center | Room 30

FITNESS PUNCH CARD

5 punches - \$60

10 punches - \$120

15 punches - \$180

Punch cards can be purchased online and are valid for 6 months.

Not valid for adult open gyms, pickleball classes, aquatics programs or private lessons.

Pickleball Private & Small Group Lessons

Whether you are just starting out or looking to further your pickleball play, Paul can customize a plan to improve your game at all levels. For group lessons, each player from the group must register individually. Please register online to add your name to the waitlist. Once all players from the group have registered, we will connect you with the instructor, to coordinate a date/time that works for all. You will be charged for the lesson after it has been scheduled.

Instructor: Paul Murray

Lesson Rates:

Private | \$95

Group of 2 | \$50/player

Group of 3 | \$40/player

Group of 4 - 6 | \$30/player

Group of 7 - 8 | \$25/player

Group of 9+ | \$20/player

Lesson Length:

Private or Group of 2: 60 Minutes

Group of 3 or more: 90 Minutes

Pickleball Open Gym

Season Pass: \$120 purchased online only (Sept. - Dec.)

Drop In Fee: \$5 cash (paid at the front desk upon arrival)

Orono Activities Center Members: Free

#F548 | Saturdays & Sundays, Sept. 2 - Dec. 31 | 7 AM - 9 PM

No class Sept. 4, Nov. 23, Dec. 24 & 25

Activities Center | Court 1, 2 & 4

Pickleball Advanced Play

If you're looking for a higher level of pickleball competition, this group is for you. The drilling in this program will be minimal (perhaps we work on a 3rd shot drop or the advantages of stacking for 10 minutes) and then try to implement them in actual competitive play. An instructor will be present for court rotations, filling in for match play, answering any questions and providing helpful hints upon request. Depending on sign-ups, we may have the ability for isolate courts for a group of 4 players who are wanting their own court. This group is more competitive and still fun!

Instructor: Paul Murray & Troy Koltes

#F549 | Mondays, Sept. 11 - Dec. 18

15 sessions - \$160 | 6 - 8 PM | Orono Activities Center

Beginner Pickleball

Join us for an introductory class to learn all about the equipment, court, scoring and rules of pickleball. This sport is a combination of ping-pong, badminton and tennis, yet is much easier to learn than any of these. We base this class on practicing the essential elements of the game such as the serve, the return, the forehand and backhand, the dink shot and the importance of court positioning and shot selection. Soon you will understand why pickleball is the fastest growing sport in the U.S.!

Instructors: Paul Murray & Troy Koltes

#F539-1 | Thursday, Sept. 14 | 9 - 10:30 AM

#F539-2 | Thursday, Oct. 12 | 9 - 10:30 AM

#F539-3 | Wednesday, Nov. 8 | 6 - 7:30 PM

#F539-4 | Wednesday, Dec. 13 | 6 - 7:30 PM

1 session - \$25 | Activities Center | Court 2

Pickleball Skills & Drills - Intermediate

If you've progressed to the point where you are enjoying the friendly competition of the game, but also would prefer to start winning against your friends, this class is for you! In each session, we will focus on one skill set and then implement it into our games. The sessions will open with a warm-up, a description of the "shot of the day" and then a series of drills to practice that shot. Then we will spend time practicing your new and improved shot in live play!

Instructors: Paul Murray & Troy Koltes

#F540-1 | Mondays, Sept. 11 - 25 | 9 - 10:30 AM

#F540-2 | Mondays, Sept. 11 - 25 | 10:30 AM - 12 PM

#F540-3 | Thursdays, Sept. 14 - 28 | 6 - 7:30 PM

#F540-4 | Thursdays, Sept. 14 - 28 | 7:30 - 9 PM

#F540-5 | Mondays, Oct. 9 - 23 | 9 - 10:30 AM

#F540-6 | Mondays, Oct. 9 - 23 | 10:30 AM - 12 PM

#F540-7 | Thursdays, Oct. 12 - 26 | 6 - 7:30 PM

#F540-8 | Thursdays, Oct. 12 - 26 | 7:30 - 9 PM

#F540-9 | Thursdays, Nov. 9 - 30 | 6 - 7:30 PM | No class Nov. 23

#F540-10 | Thursdays, Nov. 9 - 30 | 7:30 - 9 PM | No class Nov. 23

#F540-11 | Thursdays, Dec. 14 - 28 | 6 - 7:30 PM

#F540-12 | Thursdays, Dec. 14 - 28 | 7:30 - 9 PM

3 sessions - \$59 | Activities Center | Court 2



HOURS

Orono Activities Center

Monday - Saturday 6 AM - 9 PM
 Sunday 8 AM - 6 PM

Orono Pool in the Education Link

Lap Swim

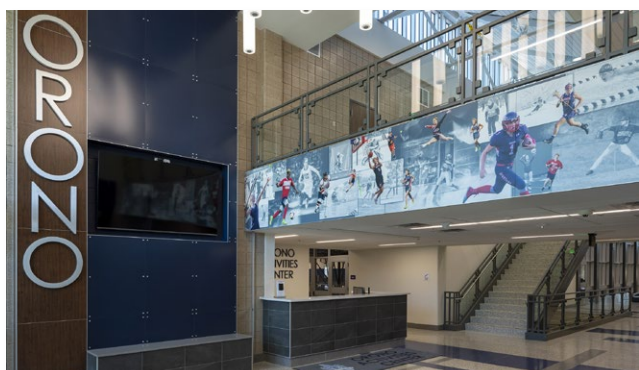
Mon., Wed. & Fri. 6:15 - 7:30 AM
 Tues. & Thurs. 12 - 1 PM *(school-year)*

Open Swim

Saturday 1 - 3 PM *(school-year)*

FEATURES

- 5 Multi-Purpose Courts
- Weight Room
- Fitness Room
- Fitness Studio
- Lower Level Walking/Running Track
- Upper Level Walking/Running Track
- 2 Baseball/Softball Cages
- Orono Pool for Lap & Open Swim
- Pesonen Stadium Track Access



SIGN UP

Signing up for a membership is easy!

- Go online to oronoschools.org/ac and click Membership
- Visit the front desk of Orono Activities Center (Door H8)
 795 Old Crystal Bay Road N., Long Lake, MN 55356

ANNUAL MEMBERSHIP FEES

	Resident	Non-Resident
Student (ages 14-18)	\$100	\$200
Adult	\$246	\$346
Family	\$369	\$469
Senior 62+	\$75	\$150
Track Only	\$75	\$150
Track Only Senior 62+	Free	\$75

Fees do not include required taxes.

Scholarships available. Contact Anita at 952-449-8354 or anita.goman@orono.k12.mn.us.

DAY PASS

	Resident	Non-Resident
Courts, Track & Fitness Rooms	\$5	\$10

CONTACT US

Phone 952-449-8355 Email activitiescenter@orono.k12.mn.us

GED Preparation & Basic Skills Class

Prepare for your GED in a student-centered, individualized class to meet your learning needs. Classes are open to students age 17+ who are not enrolled in high school.

Wednesdays | 6 - 8:30 PM

Class Location

17340 County Rd 6
Plymouth, MN 55447

- Individualized instruction
- Online preparation options
- Help obtaining necessary age waiver if under 19 years of age

Call 763-745-6034 for more information

GED Test

Measures your understanding of what graduating high school seniors know and what colleges and employers will expect of you.

- Offered in both English and Spanish
- 4 parts: Science, Social Studies, Reasoning/ Language Arts & Math
- A score of 145 points or more on each subject needed to pass
- FREE practice tests from ABE/GED class

Official GED Testing site in Monticello

Volunteer to Tutor Adults

Make a difference - help someone in your community improve their English skills!

Volunteer to work alongside English as a Second Language (ESL) teachers and assist adult learners who are trying to improve their reading, writing, pronunciation and listening skills.

Contact Elizabeth Muellerleile to learn more:

elizabethmueller2000@gmail.com

763-682-8507

English as a Second Language Classes (ESL)

FREE classes - join at any time!

Need to improve your English?

Classes are FREE for immigrants, refugees or work visa-holders, U.S. residents and citizens.

¿Necesitas mejorar tu inglés? Las clases de inglés son GRATUITAS. Las lecciones incluyen la práctica con vocabulario, hablar, escuchar, leer, tecnología y más. Si no hablas inglés, no hay problema - podemos ayudar!

**Orono Discovery Center | Room 102
5050 Independence Street, Maple Plain**

Multilevel English

Practice English, and improve your reading, writing, pronunciation and listening skills.

Tuesdays & Thursdays | 6 - 8:30 PM

Instructor: Vicki Larson | vicki.larson@orono.k12.mn.us

Call **952-449-8362** with questions or for more information.

Other daytime classes are available
at the Plymouth location.

Call 763-745-6034 for more information.

**ESL
Classes
Begin
September 7th**



WeCAN is a social service agency that provides individual and family support services designed to enhance stability and self-sufficiency. WeCAN serves those in need in 12 western Hennepin County communities, including Mound, Minnetrista, Spring Park, Navarre, Minnetonka Beach, Maple Plain, Independence, Loretto, Rockford, St. Bonifacius, Tonka Bay and Greenfield. Call WeCAN at 952-472-0742, email clientservices@wecanmn.org or visit www.wecanmn.org to find out more.

WeCAN offers:

- Family support programs: birthday shelf, holiday gifts, coats, school supplies, personal hygiene and cleaning products
- Emergency rent/mortgage/utility assistance
- Employment counseling and skill building
- Meals-on-Wheels and Mobile Market food pantry
- On-site Hennepin County and ABE representatives
- Multiple volunteer opportunities
- Diapers

WeCAN
5213 Shoreline Drive
Mound, MN 55364



Interfaith Outreach & Community Partners (IOCP) is a human service nonprofit that strengthens the community by meeting basic needs and equipping individuals and families for ongoing stability.

The organization serves eight west Hennepin County communities including Hamel, Medina, Long Lake, Minnetonka Beach, Orono, Plymouth (west of 494), Medicine Lake and Wayzata.

IOCP Basic Needs Services | *food shelf, clothing, household goods/furniture, emergency financial assistance*

IOCP Stability Services | *individual support, housing information, help to navigate housing resources, employment services, and child care resources*

Individuals and families in need of food shelf and food delivery, emergency financial assistance, case management, employment services, child care resources and other services can call 763-489-7500, e-mail clientintake@iocp.org or visit www.iocp.org/gethelp to get started.

The entire community is invited to shop, donate or volunteer at the IOCP Resale Select thrift store as all proceeds benefit the programs and services of IOCP. Learn more at iocp.org/resale

Interfaith Outreach & Community Partners
www.iocp.org | 763-489-7500 | 1605 County Road 101 N., Plymouth MN 55447



Orono Community Education provides a multitude of services, supports and connections to Orono students and families. If you would like more information about resources, please contact:

Genna Torney

genna.torney@orono.k12.mn.us | 952-449-8360

Donna Ostvig (Se habla español)

donna.ostvig@orono.k12.mn.us | 952-449-8362



EVERY MEAL
 FIGHTING CHILD HUNGER
Weekend Food Program

- Free for all families
- No qualifications required
- Every Meal does not collect information from families. Privacy is protected.
- Families can start at anytime during the school year.

Email Genna Torney to receive a registration form
at genna.torney@orono.k12.mn.us.

ORONO POOL

Orono Education Link - 705 N. Old Crystal Bay Road, Long Lake, MN 55356 - Door E24
952-449-8350 | ce.oronoschools.org/aquatics



Pool Schedule

Pick up a monthly pool calendar from the flyer rack outside the Community Education Office, at the Orono Activities Center or look online. Pool schedule is subject to change.

Visit: ce.oronoschools.org/aquatics

Open Swim

Open to adults and children. Children twelve and younger must be accompanied by an adult in the pool area. Punch cards do not apply.

Saturday, September 16 - December 16

*No Open Swim Oct. 21 & Nov. 25
1 - 3 PM*

\$4 per swimmer

\$12 per family (immediate family only)

Free for Activities Center members

Early Learning Splash Hour

#1680

**Thursdays Sept. 7 - Dec. 28
1:30 - 2:30 PM**

No Splash Hour Oct. 19 & Nov. 23

Spend an hour in the pool with your young swimmer. Check-in at the Community Education office through Door E24. Please bring your ID for entry into the school building.

You do not need to pre-register. Please drop in when your schedule allows.

METRO MARLINS FALL SCHEDULE:

The Metro Marlins Swim Team is a member team of USA Swimming. The program includes conditioning, stroke technique, dry land training, team-building opportunities, Metro Marlins in-house meets and swim meets against other USA Swim clubs. Anyone interested in competitive swimming is invited to try out. All swimmers must pass a Level 4 swimming lesson. Our team is divided into four levels: Red, White, Blue and Silver. All levels are encouraged to compete at meets. **Swimmers who have not swum with Metro Marlins in the last year or are new to the program will be asked to try out and be evaluated by the Metro Marlins coaching staff.**

Final team placement will be based on swimmer performance.



Start Date: Sept. 11 **A complete schedule is available on the Metro Marlins TeamUnify site**

Registration & Team Info | Online at TeamUnify - www.teamunify.com/team/mnmmst/page/home

Team Fees: Payments will be charged the first of the month September - March (7 payments)

Adult Aquatic Fitness Programs

September 1 - December 29, 2023

No Programs Sept. 4, Oct. 20, Nov. 24 & Dec. 25

Free for Orono Activities Center members

Masters Swim

#1604

Monday, Wednesday & Friday 5 - 6:15 AM

Participants must register with U.S. Masters Swimming at www.usms.org. U.S. Masters Swimming is a national membership-oriented nonprofit that provides membership benefits to swimmers across the country. Self-led with swim workouts available upon request.

To learn more about the Masters Swim program at Orono, contact Tara at tara.st.martin@oronok12.mn.us

Lap Swim

#F1603

Monday, Wednesday & Friday 6:15 - 7:30 AM

Tuesday & Thursday 12 - 1 PM

Six lap lanes available. Diving well area is accessible for self-guided, deep water aqua exercises. Open to adults and students over 15 years of age.

Aqua Exercise

Join us for a low impact, double benefit workout. This class will benefit your joints and overall health by working on cardio and resistance training. Although you need not be a swimmer, participants should be comfortable in the water. Aqua shoes are recommended. Aquatic fitness punch cards do not apply toward this class.

Instructor: Lavinia Pottios

#F1602-1

Tues. & Thurs. Sept. 19 - Nov. 2

14 sessions - \$168 | 6:30 - 7:30 AM

#F1602-2

Tues. & Thurs. Nov. 7 - Dec. 21

13 sessions - \$156 | 6:30 - 7:30 AM

No class Nov. 23



Aquatic Fitness Program Punch Cards

Valid for programs listed to the right.
Purchase at the pool or online at
oronocommunityed.com

	ADULTS	AGE 62+
Sept. - Dec. Unlimited	\$135	\$120
20 punches	\$100	\$70
10 punches	\$55	\$45
5 punches	\$30	\$25
Per Visit	\$8	\$7

Swimming Lesson Details

- Use the descriptions below to help you select the appropriate level for your swimmer. Then use the schedule on page 21 to find a time that works for you. If you are uncertain of what level to place your child in, please email Tara at tara.st.martin@oronok12.mn.us.
- Lessons fill quickly! Please sign your child up for a class even if it is full. You will be put on a waitlist. If other classes cancel, we will make every effort to create an additional class at your level to fit waitlisted swimmers into the program.

..... Swimming Lesson Descriptions

Parent & Child Class

6 months - Age 2

Enjoy swimming with your child while building swimming readiness by emphasizing fun and safety in the water. Parent/adult must accompany child in the water. Children not potty trained should wear swim diapers or plastic diaper covers.

Preschool Level 1

Ages 3 - 5 (Not offered in Fall 2023)

For inexperienced or cautious swimmers. Focus will be on gaining comfort in the water, floating on front and back, blowing bubbles and submerging. Parent/guardian may accompany child in the water.

Preschool Level 2

Ages 3 - 5

For the swimmer who is comfortable voluntarily submerging. Focus will be on creating greater independence floating and swimming. Parent/guardian may accompany child in the water.

Preschool Level 3

Ages 3 - 5 (Not offered in Fall 2023)

For the swimmer who is floating, submerging and swimming independently. Work to gain independence and build endurance in all skills. Parent/guardian may accompany child in the water.

Level 1: Introduction of Water Skills

Ages 5+

Tentative in and around water, uncomfortable submerging head, and not yet floating independently.

Level 2: Fundamental Aquatics Skills

Ages 5+

Comfortable in the water, submerges head, floats independently.

Level 3: Stroke Development

Ages 5+

Comfortable in deep water, swims at least 5 yards on front with a coordinated stroke independently, swims at least 5 yards on back with a coordinated stroke independently.

Level 4: Stroke Improvement

Ages 5+

Comfortable in deep water, swims at least 15 yards coordinated: front crawl, back crawl and knows dolphin kick and breaststroke kick.

Level 5: Stroke Refinement

Ages 5+ (Not offered in Fall 2023)

Comfortable in deep water, swims at least 25 yards of the following strokes: front crawl, back crawl and elementary backstroke. Swims 15 yards coordinated of the following strokes: breaststroke, sidestroke and butterfly.

Level 6: Swimming & Skill Proficiency

Ages 5+ (Not offered in Fall 2023)

Comfortable in deep water, swims at least 25 yards of the following strokes: front crawl, back crawl, elementary backstroke, breaststroke, sidestroke and butterfly.

Private Swimming Lessons

Four 30 Minute Lessons

Private Lessons: \$112

Semi-Private Lessons: \$92

Register online at
oronocommunityed.com

Swimming Lesson Schedule

8 Lessons - \$80

Saturdays, September 16 - November 11 <i>No lessons October 21</i>		
10:20 - 10:50 am	#F1610 Parent/Child	#F1611 Preschool Level 2
10:55 - 11:25 am	#F1612 Level 1	#F1613 Level 2
11:30 am - 12 pm	#F1614 Level 2	#F1615 Level 3
12:05 - 12:35 pm	#F1616 Level 3	#F1617 Level 4

Parent & Child Lessons	Tuesday & Thursday 8 Lessons - \$80
9:30 - 10 am	#F1620 Sept. 19 - Oct. 12
9:30 - 10 am	#F1630 Oct. 24 - Nov. 16
9:30 - 10 am	#F1640 Nov. 28 - Dec. 21

Diving Camps

Intro

Learn basic fundamental diving skills. Divers will start with diving from the side of pool and progress to a front dive with approach from the diving board.

Instructor: Sarah Neve

#F1600-1 | Grades 1 - 9

Mondays & Wednesdays Sept. 25 - Oct. 11

6 sessions - \$78 | 6:30 - 7:30 PM

#F1660-2 | Grades 1 - 9

Mondays & Wednesdays Oct. 23 - Nov. 8

6 sessions - \$78 | 6:30 - 7:30 PM

Intermediate

This camp is a great start for those interested in competitive diving associated with participation on a high school swim team. Time will be spent learning fundamental skills and basic dives to prepare athletes for future competition.

Instructor: Sarah Neve

#F1670-1 | Grades 5 - 11

Mondays & Wednesdays Sept. 25 - Oct. 11

6 sessions - \$78 | 7:30 - 8:30 PM

#F1670-2 | Grades 5 - 11

Mondays & Wednesdays Oct. 23 - Nov. 8

6 sessions - \$78 | 7:30 - 8:30 PM

Swimming Lesson Pre-Assessment

- If you are a new family to Orono Community Education's swimming lessons, we encourage you to schedule a free swimming pre-assessment to determine the best level for your swimmer. Pre-assessments take place at the Orono pool. Instructors will guide your swimmer through a set of skills in a 15-minute period.
- Pre-assessments for Winter/Spring 2024 lessons will take place in Early December
- Email Tara St. Martin to receive scheduling info at tara.st.martin@oronok12.mn.us.
- **Note:** Attending a pre-assessment does not guarantee a spot in lessons. Spots fill quickly.

ACT College Examination Preparatory Course

Advantage Educational Programs gives students the option of preparing for the ACT exam in two different ways: the in-person ACT Preparatory Course or two online ACT Preparatory Course options. Both courses are designed for students who want to maximize their ACT exam score, as well as those who feel uneasy about their test-taking skills or who have taken the exam and aren't satisfied with their results. The course includes diagnostic testing, instruction in time management, overcoming test anxiety, science reasoning, English strategies and review, essay writing, reading comprehension, math strategies and review. For more information, call Advantage Education Programs at 612-222-5108. Any students who are registering as repeat students who have previously paid should register for a self-paced virtual class at no charge.

Instructor: Advantage Educational Programs

IN PERSON CLASSES

Please bring notebook paper, pencils, calculator and a small 3-ring binder or folder to class.

#F770 | Grades 11 - 12 | Thursdays, Sept. 21 - Oct. 12
4 sessions - \$180 | 5:45 - 8:45 PM | Activities Center | Room 28

#F771 | Grades 11 - 12 | Thursdays, Nov. 2 - 30
4 sessions - \$180 | 5:45 - 8:45 PM | *No class Nov. 23*
Activities Center | Room 28

LIVE VIRTUAL CLASSES

The class is taught live via Zoom. Required: an internet connection and a computer/tablet/smart phone.

#F775 | Grades 11 - 12 | Saturdays, Sept. 23 - Oct. 14
4 sessions - \$180 | 9 AM - 12 PM

#F776 | Grades 11 - 12 | Saturdays, Nov. 4 - Dec. 2
4 sessions - \$180 | 9 AM - 12 PM | *No class Nov. 25*

SELF-PACED VIRTUAL CLASS

Prepare for the ACT at your own pace. Class will be available through December 31, 2023. Students are sent an access code via email and can prepare right away. You must have a Google account with an @gmail.com email address in order to access the class via Google Classroom.

#F777 | Grades 11 - 12 | \$80

Middle School Clubs

Coming soon!

Starting in October, a variety of Middle School Clubs will be available throughout the school year. Watch for a PeachJar flyer with more information.

Driver's Education

This class fulfills the 30 hours of classroom driver's training required by the State of Minnesota. Class will be taught in-person. After completing this course, students must sign up with a commercial driving school and receive a blue card, which they will need before taking their permit test. After passing the permit test, they must take 6 hours of behind-the-wheel instruction at a cost of approximately \$398. Missed classes must be made up in another session. For more information on Driver's Education and Westonka Driving School, email Rob Illies at westonkadriving@gmail.com, call 952-955-1486 (work), text 952-237-5971 (cell), or go to www.westonkadrivingschool.com. Each day, students should bring a writing utensil and paper.

Instructor: Rob Illies

#F480 | Ages 14 - 18
Tuesdays & Thursdays, Oct. 12 - Nov. 16
Mondays, Oct. 16, 30 & Nov. 6 | *No class Oct. 19, 31 & Nov. 2*
10 sessions - \$125 | 6:30 - 9:30 PM
Orono High School | Media Center

Junior Olympic Volleyball

Orono Community Education provides a Junior Olympic (JO) Volleyball program for athletes in Grades 4 - 8. JO Volleyball is an extended season of volleyball competition that follows the traditional fall volleyball season of most middle schools and high schools.

Tryouts: Late October to early November
Season: December - mid March
Practices: 2 evenings per week
Tournaments: Typically 6 (one-day) weekend tournaments
For more information contact:
Kim King at kim.king@oronok12.mn.us

Sally Cotter and the Censored Stone Drama Production

When Sally falls asleep while reading books about a certain juvenile wizard, she dreams that she is a student at Frogbull Academy of Sorcery. There she meets Headmaster Albatross Underdrawers, Gamekeeper Ruebenon Ryebread, and Professor Shiftia Shape. But danger is lurking, and it's up to Sally and her new friends Dave and Harmonica to defeat the schemes of the evil Lord Whats His Name. Will she become the hero like the one in her favorite series? And who is the mysterious Censor who keeps rewriting the story as it goes along? Audition information will be sent out two weeks before auditions.

Everyone who registers gets a role!

Directors: Katy Sherman & Tom Branham - 4 Community Theatre

#F490 | Grades 6 - 8 | \$95

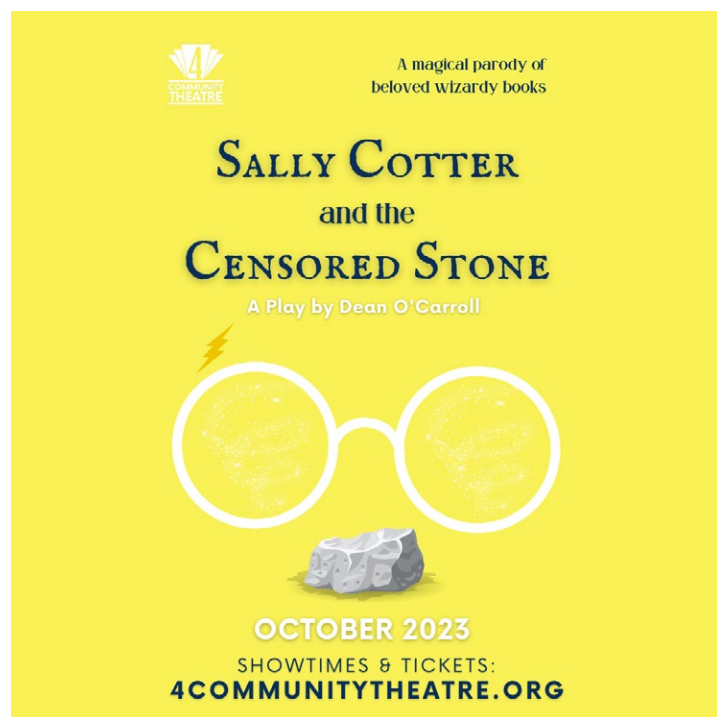
Auditions: Sept. 6 - 8 | 3 - 6 PM

Rehearsals: Monday - Friday, Sept. 11 - Sept. 29 | 3 - 5 PM

Oct. 2 - 6 | 6 - 9 PM | Oct. 9 - 11 | 5 - 9 PM

Performances: October 12 & 13 | 7 PM | October 14 | 2 & 7 PM

Orono Middle School | Performing Arts Room



High School Table Tennis

Boys and Girls are invited to join the Orono Table Tennis Team. Matches are scheduled with other high school club teams in the metro area. Detailed schedules will be distributed at the beginning of the season. The state tournament is typically held in February. **Please contact kim.king@oronok12.mn.us if your student is interested in participating.** Registration opens in November.

Grades 9 - 12

Late November - mid February

Orono High School | Mezzanine

High School Club Sports

Orono Community Education provides High School Club Sports throughout the school year. Register at MyPaymentsPlus.com. Some club sports will require a sports physical qualifying exam. For more information about any of the Club Sports listed below go to:

oronoschools.org > Community Education > Youth Sports & Recreation or email Kim at kim.king@oronok12.mn.us.

Fall

Fall Dance Team

Orono Mountain Biking Team

Practice has already begun for both fall sports. Late registration may be considered.

Winter

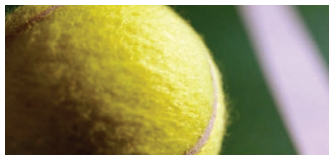
Table Tennis Team

Registration opens in late November

Spring

Orono Trap Team

Registration opens in February



Fall Sports

Registration opened in July.

Limited spots may be available. Contact Kim King to inquire at kim.king@orono.k12.mn.us.

Co-Ed Cross Country Grades 6 - 8
Starts August 14 - late registration open through August 25

Spartan Running Grade 6
Practice begins September 11

Girls Tennis Grades 7 - 8
Practice begins August 28

Girls Volleyball Grades 6 - 8
Practice begins August 28

Spring Sports

Registration will open in January.

Season runs early April - mid May.

Boys Tennis Grades 7 - 8

Co-Ed Golf Grades 7 - 8

Co-Ed Track & Field Grades 6 - 8

Fall and Spring Sports information can be found online at ce.oronoschools.org/youth/youth-sports-recreation/middle-school-sports

A current sports physical is **REQUIRED BEFORE** registering for Middle School Sports or High School Club Sports!

Minnesota State High School League Sports Qualifying Physical Exam

- The Sports Physical must be completed on the State High School League Form. Physicals are valid for 3 years from exam date.
- You will not be able to complete your registration if your child's sports physical is not on file in the school, or if a current physical expires before the final date of the season for which you are registering.

Download a Sports Qualifying Physical Exam form at: ce.oronoschools.org/youth/youth-sports-recreation/middle-school-sports

Completed Sports Qualifying Physical Exam forms should be turned in to the Community Education Office:

Scan and Email to Kim King at kim.king@orono.k12.mn.us

Fax to Community Education at 952-449-8359

In Person at the Orono Activities Center front desk to the attention of Kim

HOW TO REGISTER FOR SPORTS:

1. Go to mypaymentsplus.com.
2. Sign in then click on "Events & Activities."

MyPaymentsPlus user instructions: oronoschools.org/about/communications/mypaymentsplus

If you experience a problem with MyPaymentsPlus, go to mypaymentsplus.com/support.

Questions: Kim King at kim.king@orono.k12.mn.us or 952-449-8352.

Youth in Government

Students in grades 8 - 12 are invited to join the Orono Delegation of Youth in Government! Minnesota YMCA Youth in Government is a youth-led, experiential learning opportunity that involves over 1,800 Minnesota students each year. Participants research topics and prepare to present at the Model Assembly Session in January. Participants spend their days in official meetings and sessions and spend their evenings in structured free-time activities.

ORONO DELEGATION INFORMATIONAL WEBSITE

ce.oronoschools.org > Youth Programs > Youth Academic Programs > Youth in Government

INFORMATION SESSION

October 10, 6 - 7 PM - Orono High School Media Center

LAUNCH TRAINING

October 28, 10 AM - 3 PM - Fridley High School

MODEL ASSEMBLY

January 4 - 7, 2024 - Minneapolis & St. Paul

Participants will be required to attend delegation meetings.

HOW TO REGISTER

Students in grades 9 - 12 wishing to participate in YIG: Model Assembly are **REQUIRED** to send a one-page email of interest and two references to Genna Torney, Orono's Delegation Director (genna.torney@oronok12.mn.us). 8th grade students wishing to participate should send a short email of interest to Genna Torney. Approval is NOT guaranteed. Once approval has been given, you will receive directions to register with Community Education and the YMCA.

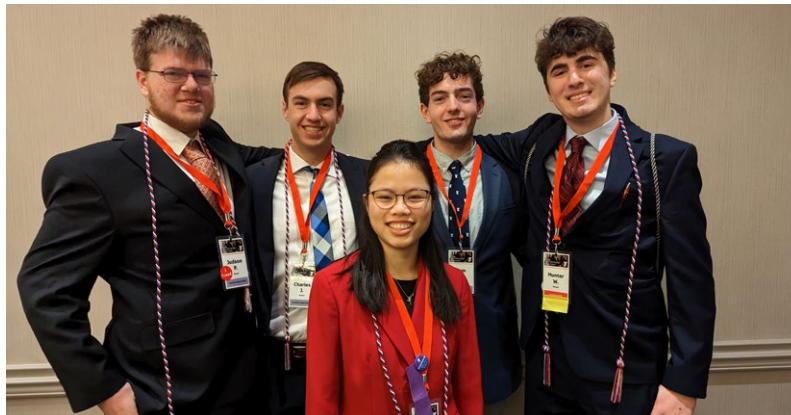
FEES

#F5000 | \$95 paid to Community Education at oronocommunityed.com **AND** \$479 before Priority Deadline: **October 17**

Fee subject to change. Early registration at www.mnyig.org. Personal pricing plans available

DETAILS

- Adults interested in chaperoning at Model Assembly in January should email genna.torney@oronok12.mn.us to sign up.
- Total registration fee of \$574 includes local coordination and activities, regional training and the Model Assembly Program including hotel accommodations, activities and busing to the conference. Scholarships available. Contact Genna for more info.



Student Volunteer Mentors Needed!

High school students are needed to help younger students with reading and/or math in the STARS or SPARKS program before or after school.

For questions or for an application email
Genna Torney at genna.torney@oronok12.mn.us or visit
ce.oronoschools.org >
Adult Programs > Volunteer & Mentorship

Youth in Action

Youth in Action is a service learning club for students in grades 9-12 where students prepare group projects and individually volunteer in the community. Students can earn ¼ credit each year for their service experience – minimum of 45 service hours and a group project required for credit.

Want to participate in the 2023 - 24 school year?
Email Genna Torney at genna.torney@oronok12.mn.us

Special Interest

YOUTH

Grandmasters of Chess

Learn, practice and play chess each class. The Youth Enrichment League, Teach It!...Practice It!...Play It! method keeps students on track with new chess lessons and puzzles each week as well as guided games and in-class tournaments. Class fee includes ChessKid.com membership for the session.

Instructor: Youth Enrichment League

#F308 | Grades K - 5 | Fridays, Sept. 15 - Dec. 15

11 sessions - \$235 | 4 - 5 PM | No class Oct. 20, Nov. 3 & 24

Schumann Elementary | Cafeteria

Day Camp at Skyrock

Spend your day off from school on the farm at Skyrock! Learn all about horses, how to groom and care for a horse and common horse vocabulary. Enjoy a ride on a pony too! Then we'll take a guided nature hike of the entire farm, weather permitting. There will also be time to hang out in the clubhouse, play games, make new friends and much more. Join us for a day of adventure on the farm! Bring a bag lunch, water and a nut-free snack. Dress for the weather.

Instructor: Bill & Stacy Nunn

#F300-1 | Grades K - 5 | Monday, Sept. 25 | 1 session - \$110

9 AM - 3 PM | Skyrock Farm

#F300-2 | Grades K - 5 | Thursday, Oct. 19 | 1 session - \$110

9 AM - 3 PM | Skyrock Farm

#F300-3 | Grades K - 5 | Friday, Oct. 20 | 1 session - \$110

9 AM - 3 PM | Skyrock Farm



Mention
code **ORONO23**
when registering!

www.blizzardmn.com
or 763-559-3343

Experience the ultimate in skiing, snowboarding and racing instruction from beginners to experts! At seven local snow sports areas, our top-quality adult instructors will teach you to improve your skiing or boarding on groomed runs and terrain parks! You provide your own food and gear (season-long discounts and rentals are available), we provide the rest!

Weekly Trip Fees: You will be contacted prior to the trip each week for your reservation. Using our flexible pay-as-you-go trip fee structure, you pay a weekly trip fee of about \$89 to cover round trip bus transportation and lift ticket.

If you can't attend that week, you don't owe anything!

Time: 8 AM - 5:30 PM (approx.)

Ages: 8 - 18

**Dates: Saturdays or Sundays, Dec. - Feb.
11 weeks, plus 3 BONUS trips**

Bus pick-up locations:

Mound/Spring Park: 4677 Shoreline Drive,
Long Lake/Orono: Long Lake Town Center,
1877 Wayzata Blvd.

SuperMites

Grades 2 & 3: \$625

Make new friends with your same two instructors and small group of eight friends all day long. Learn more and more skills to conquer the hill!

SuperKyds

Grades 4 & 5: \$625

Make new friends with your same instructor and small group of eight friends all day long. Develop skills at your own level and master bumps, jumps and carving turns!

Classic

Grades 5 - 12: \$525

Explore trails and terrain parks with experienced instructors with plenty of time to free ski or ride, too! All levels welcome.

Teen Sampler Program

Grades 7 - 12: \$300

Can't commit to an entire season or have you always wanted to learn how to ski or snowboard? Then this program is for you! 4.5 hours of instruction included each trip. First 3 Saturdays or Sundays in December.

Team Blizzard

Grades 5 - 12: \$675

Ski Racing or Snowboard Team instruction. Intermediate to expert skiers stir up some friendly competition while learning strategies and tactics for racing. Sharpen your skills as you prepare to go head-to-head against racers. This is a great way for high school racers to get an edge on the competition and recreational racers to improve and have fun!

Apprentice Program

Grades: 8 - 12: \$675

Do you have a passion for skiing or boarding or ever thought about teaching? Then this is the program for you! Blizzard will provide you with the tools to be a successful instructor upon completion of the program.

Achievement Academy

Tutoring program to help your student **ACHIEVE!**

No testing or registration fee!



Kindergarten - 12th Grade

Tutoring is available for students in most academic areas.

The Achievement Academy gives students an opportunity to:

- Improve study and basic skills
- Prepare for upcoming tests
- Experience one-on-one guidance from a qualified professional
- Organize and succeed

The Achievement Academy employs degreed professionals and licensed teachers who will work one-on-one with your student.

Steps to Scheduling a Tutor...

#1 - Submit a request form to Orono Community Education. Forms can be found at www.orono.k12.mn.us > **Community Education** > **Youth Academic** > **Achievement Academy Tutoring**

#2 - Allow two weeks for a tutor match.

#3 - A tutor will contact you to set up tutoring sessions.

#4 - You will need to guarantee payments with a credit card or prepay for sessions before tutoring begins.

Tutoring sessions are available 1 or 2 hours/week
Tutoring will take place on the Orono Schools campus.

Fee: \$42/hour

Contact: Donna Ostvig at
donna.ostvig@oronok12.mn.us or
952-449-8362



The largest academic team competition in the world!

Do something BIG. Destination Imagination (DI) is designed to inspire students to use creativity when working through challenges.

Choose challenges from multiple interest areas: technical, scientific, structural, fine arts, improvisational and service learning.

About Destination Imagination:

- Students in grades K - 12 can participate.
- Teams choose the challenge they want to work on based on their interests and skills.
- Teams can have 2 to 7 members.
- Teams can be multi-grade but will compete at elementary, middle school and high school levels based on the oldest team member's age.
- Teams recruit their own members, but Community Education will help spread the word!
- Each team will set its own meeting schedule and start when they choose but must be ready for the Regional Tournament by the end of February.
- Each team needs a parent or adult team manager(s). No experience necessary, just a willingness to support the kids, learn and have fun! Support and training will be provided.
- **Previous Orono teams have advanced to state and global competition!**

More information, videos and challenge previews for 2023 - 24 are available at www.idodi.org. Email katie.gram@oronok12.mn.us if you need more information about forming a team or help recruiting members. If your team is ready to go, encourage parents to register their students so we can purchase your team membership and you can get started!

#F1000

Grades K - 2: \$105

Grades 3 - 12: \$130

Engineering for Kids Jr. STEM Club

The Engineering for Kids Jr. STEM Club brings fun, hands-on lessons every week to introduce engineering concepts at a young age. For each lesson, students focus on developing 21st century skills such as problem solving, critical thinking and teamwork. These life skills give students the confidence to approach challenges in their lives and realize that they can succeed in almost anything.

Instructor: Engineering for Kids

Session 1: Environmental Engineering Goin' Fishin', Mechanical A-Maze-ing, Industrial Engineering Design a Basket & Aerospace Stunt Plane Spectacular

Session 2: Mechanical Engineering Robot Hand, Coding Unplugged: Binary Bracelets, Electrostatic Car & Civil Engineering Elephant Bridge

#F303-1 | Grades K - 3 | Tuesdays, Sept. 19 - Oct. 10
4 sessions - \$115 | 4 - 5 PM
Orono Intermediate School | Art Room 211

#F303-2 | Grades K - 3 | Tuesdays, Nov. 7 - Dec. 5
4 sessions - \$115 | 4 - 5 PM | *No class Nov. 21*
Orono Intermediate School | Art Room 211

The Mechanics of Gizmos & Gadgets

How did toys work before batteries? They relied on physics! Put science to work as you explore the how and why of motion, gravity, energy and more. Discover the action-packed world of physics by building and experimenting with contraptions that really work.

Instructor: Science Explorers

#F301 | Grades 1 - 6 | Mondays, Oct. 9 - 23
3 sessions - \$58 | 3:45 - 5 PM
Schumann Elementary | Art Room 9

Emergency Room 101

Become a student doctor as you learn about the human body and first aid through hands-on activities. Participate in mock emergency situations, create a basic first aid kit and learn the importance of mucus and other things that your body produces to keep you healthy.

Instructor: Science Explorers

#F302 | Grades 1 - 6 | Mondays, Dec. 4 - 18
3 sessions - \$58 | 3:45 - 5 PM
Schumann Elementary | Art Room 9

At-Home STEM Kits

At-home STEM kits from The STEM Lab. An email will be sent about pickup dates and times. Fall kits will be available for pickup at the Orono Community Education Office (Door E24). Kits are available to order through December 15.

Robotic Hexbug Maze

Create a robotic bug who uses the physics of vibration to propel itself forward to explore its environment.

#F309 | Ages 4 & up | \$89

Slingshot Cars (2 pack)

Design and engineer two rubber-band and pencil powered cars.

#F310 | Ages 7 & up | \$38

Famous Scientists

Inspire and encourage growing minds to do big things with real-life examples and exciting hands-on scientific exploration!

#F311 | Ages 4 & up | \$53

Quiet Time and Calm Down Construction Kit

Create a calming, spatial and kinesthetic outlet to de-escalate and regulate emotions.

#F312 | Ages 3 & up | \$47

Essential STEM Kit

Let your imagination run wild and immerse your child in the joys of STEM with repeatable activities and reusable materials.

I Spy | #F313-1 | Ages 3 & up | \$83

Blippi Excavator | #F313-2 | Ages 3 & up | \$83

Nursery Rhyme | #F313-3 | Ages 4 & up | \$83

Frozen | #F313-4 | Ages 4 & up | \$83

Pokémon | #F313-5 | Ages 4 & up | \$83

Soap and Germ Busting Experiments

Make your own themed soap to encourage hand washing! Hands-on, clean fun for the entire family during the day and at bath time! Includes reusable molds.

Unicorn | #F314-1 | Ages 3 - 10 | \$31

Dinosaur | #F314-2 | Ages 3 - 10 | \$31

Duck | #F314-3 | Ages 3 - 10 | \$31

AFTER SCHOOL CLASSES

All K - 5 students taking an after school program must have a note or email to their teacher and the office BEFORE the class begins.

The note must include your child's first and last name, class title and the start and end date of the class.

Virtual Classes with Tech Academy

Multiplayer Minecraft

- #F344 City Builder | Tuesdays, Oct. 10 - 17
- #F337 Theme Park Builder | Thursday, Oct. 19
- #F334 Multiplayer Minecraft | Saturday, Oct. 28
- #F336 Mini Game Builder Tuesdays, Nov. 21 - 28
- #F335 Master Builders | Saturday, Dec. 23 ★
- #F333 Block Hunter | Thursday, Dec. 28 ★

Coding

- #F345 Coding: Hacking Java Games | Wednesdays, Oct. 11 - 18
- #F346 Game Coding: Nintendo Characters | Thursday, Oct. 12
- #F347 Super Mario Game Coding | Saturdays, Oct. 14 - 21
- #F326 Intro to Game Coding | Saturdays, Nov. 4 - 11
- #F327 Intro to Java Coding | Wednesdays, Nov. 8 - 15
- #F338 Star Wars Game Coding | Thursday, Nov. 9

Dungeons & Dragons

- #F348 101 with Character Creation | Saturdays, Oct. 14 - 21
- #F324 One-shot Campaign | Multiple Dates

Minecraft Mod Development

- #F332 Custom Sword | Wednesday, Oct. 18
- #F330 Lucky Blocks & Ores | Saturdays, Nov. 4 - 11
- #F331 Biomes | Wednesday, Dec. 27

Video Production

- #S342 YouTube Shorts & Instagram Reels | Multiple Dates
- #F340 YouTube: Gaming | Wednesday, Dec. 20 ★
- #F341 Podcasting | Thursday, Nov. 30
- #F349 YouTube Production: "Top" List Creator | Friday, Dec. 29 ★

3D Printing

- #F320 Harry Potter | Wednesdays, Oct. 25 - Nov. 1
- #F319 Custom D & D Die Design | Tuesdays, Nov. 7 - 14
- #F325 Intro to 3D Printing & CAD | Thursday, Dec. 14
- #F321 Jewelry Design & Fabrication | Saturday, Dec. 16
- #F323 Star Wars | Tuesday, Dec. 19

Video Game Design

- #F339 | Grades 4 - 8 | Tuesdays, Nov. 21 - 28
- 2 sessions - \$64 | 6 - 8 PM

VIRTUAL CLASS DETAILS

Once registered watch for an email with more information and access to Zoom link prior to class.

Web Design

Learn to create HTML web pages and tags, and experiment with design and CSS. Basic computer and keyboarding skills required.

- #F343 | Grades 4 - 8 | Tuesdays, Oct. 17 - 24
- 2 sessions - \$64 | 6 - 7:30 PM

Minecraft Game Coding with Scratch

Join us for this introduction to programming concepts using Scratch. Learn to create an interactive 2D video game using your favorite Minecraft characters. Basic computer skills needed.

- #F329 | Grades 2 - 4 | Tuesday, Dec. 5
- 1 session - \$33 | 6 - 7:30 PM

Minecraft Coding: Redstone

Enter a whole new world of possibilities in Minecraft. Learn to tame the world of Minecraft by creating automated mechanisms and Redstone elements, and then put them all to work!

- #F328 | Grades 3 - 7 | Wednesdays, Dec. 6 - 13
- 2 sessions - \$64 | 6 - 7:30 PM

Join us for fun classes and activities on non-school days. See classes marked with this star.

HipHop Jamboree!

Hip hop is a fun dance form focusing on the current funky street style of dance! Movements are age-appropriate and music is carefully selected. Come jam with us while making new friends! Come dressed in a comfortable top and shorts/dance pants. Street shoes with clean soles required (not worn outdoors).

Instructor: Lake Minnetonka Dance Academy

#F316-1 | Grades K - 5 | Tuesdays, Sept. 12 - Nov. 7

8 sessions - \$108 | 4:15 - 5 PM | No class Oct. 31

Lake Minnetonka Dance Academy

#F316-2 | Grades K - 5 | Saturdays, Sept. 16 - Nov. 11

8 sessions - \$108 | 11:15 AM - 12 PM | No class Oct. 21

Lake Minnetonka Dance Academy

Ballet, Jazz & Lyrical

Come learn the basics of these three popular dance styles. We will focus on proper technique as dancers develop skills with a solid ballet foundation. Come dressed in a leotard, tights or dance top and shorts. Ballet slippers are required.

Instructor: Lake Minnetonka Dance Academy

#F318 | Grades 3 - 5 | Saturdays, Sept. 16 - Nov. 11

8 sessions - \$122 | 1 - 2 PM | No class Oct. 21

Lake Minnetonka Dance Academy

Scent-sational Art

Come for the pretty pineapple printmaking, but stay for the sweet citrus scent! We'll draw, paint and sculpt, and we'll do it all with a very special twist - these scent-sational works of art all smell as sweet as they look! Learn the secret ingredients for sweet-smelling artwork as we create pointillism cupcakes, a field of tulips, and so much more! This class is full of scratch and sniff artwork that smells as sweet as it looks!

Instructor: Kidcreate Studio

#F352 | Ages 5 - 12 | Thursdays, Sept. 21 - Oct. 12

4 sessions - \$84 | 3:50 - 4:50 PM

Orono Intermediate School | Art Room 211

Art Lab

Do you love art, painting, and sculpting clay? Then this class is for you! Explore your artistic side as you use different materials like watercolors, pastels, clay, canvas and more!

Instructor: Abrakadoodle

#F304 | Grades K - 5 | Wednesdays, Oct. 4 - Oct. 25

4 sessions - \$86 | 3:50 - 4:50 PM

Schumann Elementary | Art Room 9

Let's Make Comics! ★

Join us for an introduction to cartooning! Learn how to read, write and think like a comic star. Create your own comic in this morning of fun!

Instructor: Abrakadoodle

#F306 | Grades K - 5 | Thursday, Oct. 19

1 session - \$65 | 9 AM - 12 PM

Schumann Elementary | Art Room 9

Candy Land in 3D ★

Do you love playing the board game Candy Land? Then this is the class for you! Go down the rainbow path to Peppermint Forest, swim through the Lagoon of Lord Licorice and make your way to King Kandy's Castle to win! Let your imagination soar as we create our own 3D version of the game on a real canvas board.

Instructor: Kidcreate Studio

#F357 | Ages 5 - 12 | Friday, Oct. 20

1 session - \$49 | 9 AM - 12 PM

Schumann Elementary | Art Room 9

Hair-Raising House Party! Parent's Night Out

Learn an exciting form of theatrical dancing that combines songs from Broadway musicals with the movement of classic jazz dance. This is a high-energy dance class that incorporates both acting and drama! Wear a costume that you can dance in. Dancers will perform for parents the last 15 minutes of class. Pizza dinner is included. Ballet slippers are required.

Instructor: Lake Minnetonka Dance Academy

#F315 | Grades K - 5 | Saturday, Oct. 28

1 session - \$72 | 5 - 8 PM | Lake Minnetonka Dance Academy

Join us for fun classes and activities on non-school days. See classes marked with this star.

Sparkles & Glitter ★

Do you love art, paint and glitter? Then this class is for you! We'll draw, paint and collage using glitter, sequins, and gems to make our artwork sparkle. We'll also work with clay and make a sparkling art piece.

Instructor: Abrakadoodle

#F307 | Grades K - 5 | Friday, Nov. 3

1 session - \$65 | 9 AM - 12 PM

Discovery Center | Room 201

Kawaii Cute

Are you ready for some serious cuteness? We'll use clay, paint, and Model Magic to create masterpieces that emphasize the true quality of cuteness. We'll make a teeny tiny succulent garden, draw a happy avocado, and sculpt a teddy bear macaroon that is just cute as can be!

Instructor: Kidcreate Studio

#F353 | Ages 5 - 12 | Mondays, Nov. 6 - 27

4 sessions - \$82 | 3:50 - 4:50 PM

Orono Intermediate School | Art Room 211

Handmade for the Holidays

Join us as we create handmade gifts for mom, dad, grandma, grandpa, and even your favorite teacher! We'll be making picture frames, wooden trinket boxes, clay mosaics, and much more!

Instructor: Kidcreate Studio

#F354 | Ages 5 - 12 | Thursdays, Nov. 9 - Dec. 7

4 sessions - \$82 | 3:50 - 4:50 PM | No class Nov. 23

Orono Intermediate School | Art Room 211

Holiday Gift Making

Get a jump start on holiday gifts for relatives or friends. These gifts will be fun to make and give! Each child will bring home four beautifully hand-made and gift-wrapped presents, just in time for the holidays!

Instructor: Abrakadoodle

#F305 | Grades K - 5 | Wednesdays, Nov. 15 - Dec. 13

4 sessions - \$86 | 3:50 - 4:50 PM | No class Nov. 22

Schumann Elementary | Art Room 9

Drawing is as Easy as 1,2,3 ★

Turn any number into an extraordinary drawing. From zany zebras and cute puppies to a giant cactus and much more, you won't believe what you can create from a number. (Though we'll borrow some numbers, no actual math is required for this artsy good time).

Instructor: Kidcreate Studio

#F350 | Ages 5 - 12 | Tue. & Wed. Nov. 21 - 22

2 sessions - \$110 | 9 AM - 12 PM

Discovery Center | Room 201

Confetti Cake Slime ★

Get inspired by colorful confetti cakes as we fill our soft, stretchy handmade slime with real rainbow sprinkles! Whether you're a donut-lover, cake connoisseur, or cupcake aficionado, this is the sweet, sweet slime time you've been waiting for.

Instructor: Kidcreate Studio

#F351 | Ages 4 - 9 | Wednesday, Dec. 20 | 1 session - \$49

9 AM - 12 PM | Orono Intermediate School | Art Room 211

Candy Craft Party ★

Create art out of candy using frosting, gumdrops, marshmallows and other candy treats. Join us as we create a winter wonderland scene made out of all things edible!

Instructor: Kidcreate Studio

#F356 | Ages 5 - 12 | Thursday, Dec. 21 | 1 session - \$49

9 AM - 12 PM | Schumann Elementary | Art Room 9

STEAM-sational Art ★

Get ready to explore STEAM concepts in creative ways. Create a pinball machine, Venus flytrap, colorful kaleidoscope and magic ink that will light up a cityscape, plus loads of experiential learning and messy fun along the way! Let's get our science on like never before!

Instructor: Kidcreate Studio

#F355 | Ages 5 - 12 | Wed. & Thurs., Dec. 27 - 28

2 sessions - \$109 | 9 AM - 12 PM

Schumann Elementary | Art Room 9

Spartanettes Dance Camp

Join the Spartanettes Dance Team for a spirited week of camp! We'll prepare for a special half time performance at the Friday, September 22nd Varsity football game at 7:00 pm. We will sit together at the game and the Spartanettes will escort the girls down to the field for a performance of what they learned during the week. Bring a snack to have before practice each day. Students must be signed out of practices and performance by a parent or guardian. More details about the performance will be sent out via email during the week of camp. Shirt sizes cannot be guaranteed for registrations taken after Friday, September 1.

Instructor: Tara St. Martin & Orono HS Fall Dance Team

#F359 | Grades 2 - 6

Mon. - Wed., Sept. 18 - 20 | 3:50 - 5 PM

Fri., Sept. 22 | 6:30 - 8 PM

4 sessions - \$60 | Schumann Elementary | Gym

Olympic Fencing

Fencing is a vigorous sport that requires and develops stamina, quick reactions, speed, accuracy of movement and excellent coordination. It utilizes natural body movements to create simple and effective self-protection techniques with the sword.

Attacking, defense, timing and intense tactics are all integrated into this beginning class. Whether you are fencing for a good workout or gaining points for the Olympics, fencing is fun for the whole family. We provide everything needed to fence (mask, jacket, glove and weapon). Come dressed comfortably including long sweat pants and athletic shoes.

Instructor: Minnesota Sword Play

#F363-1 | Grades 2 - 12 | Tuesdays, Sept. 19 - Oct. 24

6 sessions - \$100 | 6 - 7 PM

Schumann Elementary | Gym

#F363-2 | Grades 2 - 12 | Tuesdays, Nov. 7 - Dec. 12

5 sessions - \$85 | 6 - 7 pm | No class Nov. 21

Schumann Elementary | Gym



Beginning Golf Camp

Skyhawks golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. This camp will focus on the fundamentals of form, chipping, putting, driving and body positioning. To assist in this training, Skyhawks uses the SNAG (Starting New At Golf) system. SNAG is specifically designed for the entry-level player. No need to bring your own clubs - all equipment is provided.

Instructor: Skyhawks

#F368 | Ages 6 - 10 | Saturdays, Sept. 23 - Oct. 14

4 sessions - \$69 | 12:40 - 1:40 PM

Orono Schools | Field 6

Flag Football

Skyhawks flag football is the perfect program for young athletes who want a complete introduction to America's game or for those who simply want to brush up on their skills in preparation for league play. Through our 'skill of the day', campers will learn skills on both sides of the ball including the core components of passing, catching and de-flagging or defensive positioning - all presented in a fun and positive environment!

Instructor: Skyhawks

#F366 | Ages 5 - 7 | Saturdays, Sept. 23 - Oct. 14

4 sessions - \$85 | 10:20 - 11:20 AM

Orono Schools | Field 6

#F367 | Ages 8 - 9 | Saturdays, Sept. 23 - Oct. 14

4 sessions - \$85 | 11:30 am - 12:30 PM

Orono Schools | Field 6

Soccer

Our staff will ensure your young athlete will gain the technical skills and sport knowledge required for their next step into soccer. This camp focuses on dribbling, passing, shooting and ball control. Your child will learn life skills such as teamwork and sportsmanship, make new friends and improve their sport skills preparing them to play on the playground or league play! Participants should wear athletic clothing and bring a water bottle.

Instructor: Skyhawks

#F372 | Ages 5 - 7 | Saturdays, Oct. 28 - Nov. 18

4 sessions - \$85 | 10:20 - 11:20 AM

Activities Center | Court 3

#F373 | Ages 8 - 9 | Saturdays, Oct. 28 - Nov. 18

4 sessions - \$85 | 11:30 am - 12:30 PM

Activities Center | Court 3

Tennis: Red Ball FUNdamentals

Red ball tennis is named after the foam or felt balls that bounce lower and move slowly through the air, giving beginner players more time to prepare. FUN and tennis games are a major emphasis in this format while players are introduced to the basics of ready position, grip and strokes.

Instructor: Bryan Turunen & Staff

#F360-1 | Ages 4 - 6 | Saturdays, Sept. 23 - Oct. 14

4 sessions - \$115 | 9 - 9:45 AM

Orono High School | Tennis Courts

#F360-2 | Ages 4 - 6 | Saturdays, Nov. 4 - Dec. 16

6 sessions - \$170 | 9 - 9:45 AM | No class Nov. 25

Activities Center | Court 4

Tennis: Orange Ball Skill Development

Orange ball tennis will help players continue to develop fundamental skills for each stroke while adding movement and court coverage. Orange balls bounce higher and move faster than red, but slower than green balls. Both singles and doubles game situations will involve point play emphasis, footwork, consistency and strategy. Serving, scoring and an introduction to match play will be covered.

Instructor: Bryan Turunen & Staff

#F361-1 | Ages 7 - 9 | Saturdays, Sept. 23 - Oct. 14

4 sessions - \$145 | 9:45 - 11 AM

Orono High School | Tennis Courts

#F361-2 | Ages 7 - 9 | Saturdays, Nov. 4 - Dec. 16

6 sessions - \$215 | 9:45 - 11 AM | No class Nov. 25

Activities Center | Court 4

Tennis: Green Ball Play

Green ball tennis is for players who are continuing to acquire skills and are ready to play on a full-length court. Players will be refining technique and fundamentals that allow them to rally. Games will involve situational point play to develop strategies for both singles and doubles. Players will be able to score, serve and compete.

Instructor: Bryan Turunen & Staff

#F362-1 | Ages 10 - 12 | Saturdays, Sept. 23 - Oct. 14

4 sessions - \$145 | 11 AM - 12:15 PM

Orono High School | Tennis Courts

#F362-2 | Ages 10 - 12 | Saturdays, Nov. 4 - Dec. 16

6 sessions - \$215 | 11 AM - 12:15 PM | No class Nov. 25

Activities Center | Court 4

Multi-Sport Camp: Basketball, Flag Football & Soccer



These camps focus on basketball, soccer and flag football skills and games throughout the day. Kids should wear athletic clothes and bring two snacks and a water bottle. If you're looking for a fun sports camp, this is the one for you!

Instructor: Skyhawks

#F369-1 | Ages 6 - 11 | Monday, Sept. 25

1 session - \$69 | 9:00 AM - 3:30 PM

Orono Schools | Field 6

#F369-2 | Ages 6 - 11 | Friday, Nov. 3

1 session - \$69 | 9:00 AM - 3:30 PM

Activities Center | Court 5

#F369-3 | Ages 6 - 11 | Tuesday, Nov. 21

1 session - \$69 | 9:00 AM - 3:30 PM

Activities Center | Court 5

Junior Olympic Volleyball

Orono Community Education provides a Junior Olympic (JO) Volleyball program for athletes in Grades 4 - 8. JO Volleyball is an extended season of volleyball competition that follows the traditional fall volleyball season of most middle schools and high schools.

Tryouts: Late October to early November

Season: December - mid March

Practices: 2 evenings per week

Tournaments: Typically 6 (one-day) weekend tournaments

For more information contact:

Kim King at kim.king@oronok12.mn.us



Join us for fun classes and activities on non-school days. See classes marked with this star.



Family Yoga

Enjoy quality time with your family while moving your bodies with Family Yoga. This class features low impact movements, fun breathing exercises, partner poses and more. Children are encouraged to bring a stuffed animal along as a breathing buddy during class. Best for children age 5+. Only one adult per family needs to register. Please bring yoga mats if you have them. Extra mats are available if needed.

Instructor: Nikki Massa

#F529-1 | Sunday, Oct. 15 | 1 session - \$20
1 - 2 PM | Orono Activities Center | Room 30

#F529-2 | Sunday, Nov. 12 | 1 session - \$20
1 - 2 PM | Orono Activities Center | Room 30

#F529-3 | Sunday, Dec. 10 | 1 session - \$20
1 - 2 PM | Orono Activities Center | Room 30

Floor Hockey

During this recreational, non-competitive floor hockey camp, participants will learn about stick handling, passing and shooting as well as team drills. Offense and defense fundamentals will be taught along with scrimmage-related activities each day. Participants will also develop endurance, coordination and speed. Skyhawks will provide all equipment. Participants should wear athletic clothing and bring a water bottle.

Instructor: Skyhawks

#F378 | Ages 7 - 10 | Saturdays, December 2 - 23
4 sessions - \$85 | 11:30 AM - 12:30 PM
Activities Center | Court 3

Speed, Agility & Quickness

Skyhawks speed and agility camp is designed for athletes at any skill level looking to improve their current overall athletic performance. Increase your speed and improve your agility and overall quickness with our fast paced drills coordinated by our Skyhawks coaches. Participants should wear athletic clothing and bring a water bottle.

Instructor: Skyhawks

#F379 | Ages 8 - 12 | Saturdays, Dec. 2 - 23
4 sessions - \$85 | 12:40 - 1:40 PM
Activities Center | Court 3

Mini-Hawk Camp: Basketball, T-Ball & Soccer

This soccer, t-ball and basketball program gives kids a fun and positive first step into athletics. Campers explore balance, hand-eye coordination and skill development at their own pace.

Instructor: Skyhawks

#F377 | Ages 4 - 6 | Saturdays, December 2 - 23
4 sessions - \$85 | 10:20 - 11:20 AM
Activities Center | Court 3

Volleyball Camp

Learn the fundamentals of volleyball through drills and exercises that focus on passing, setting, hitting and serving. This co-ed program is designed for beginning and intermediate players. Participants should wear athletic clothing and bring a water bottle.

Instructor: Skyhawks

#F374 | Ages 6 - 10 | Saturdays, Oct. 28 - Nov. 18
4 sessions - \$85 | 12:40 - 1:40 PM
Activities Center | Court 3



COMMUNITY ED IS HIRING...

Various roles in child care, early learning, coaching and more!

Email ceinfo@oronok12.mn.us
for more information.

Orono Youth Wrestling

Grades K - 6 Boys & Girls

This program is designed to help young wrestlers learn fundamental wrestling skills while having fun. All experience levels are welcome. The Orono Wrestling Club gives young athletes the opportunity to learn the oldest sport in the world and build character on and off the mat:

- Build self-confidence
- Develop advanced motor skills and coordination
- Learn about individual as well as team sport skills
- Understand how to "Win with Class" and "Lose with Dignity"



Contact Information
Orono Wrestling Club
Youth Program Director

Rob Crawford
robciiii@outlook.com

Registration
Visit oronocommunityed.com
or call 952-449-8350

Location
Enter at the Orono Activities Center
and follow signs to the Orono
High School Wrestling Room

PreK - Grade 6 FREE Trial Practices

New to wrestling? Try free practices to see what it's all about! Register once and attend as many dates as you wish.

Nov. 6, 13 & 20

#F369-1	Grades PreK - 2	6 - 7 PM
#F369-2	Grades 3 - 6	7 - 8 PM

Orono High School | Wrestling Room

Grades PreK - 2 Season

These young wrestlers will learn the basic elements of successful wrestling skills. Wrestling uniform included in fee.

#F370	PreK - K	Mondays	6 - 7 PM
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#F371	Grades 1 - 2	Thursdays	6 - 7 PM
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November 27 - March 7 \$155

No Wrestling Dec. 21, 25, 28, Jan. 15 & Feb. 19

Orono High School | Wrestling Room

Grades 3 - 6 Season

Wrestlers get the opportunity to enhance their ability and skills to wrestle in competition. Wrestling uniform included in fee.

#F372	\$200
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Mondays & Thursdays	7 - 8:30 PM
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November 27 - March 7 \$155

No Wrestling Dec. 21, 25, 28, Jan. 15 & Feb. 19

Orono High School | Wrestling Room

Extended season available for interested wrestlers.

Wrestling Competitions

- Compete in individual and/or team competitions against own age, size, and weight
 - Optional tournaments on Saturday or Sunday mornings
 - Experienced wrestlers also compete in dual meets

**Indoor Lessons at
Morrison Ice Arena**
1025 N. Old Crystal Bay Rd
Long Lake, MN 55356

Ages 4 - 18



Learn to Skate
Program Director: Mary Tichy
USFSA gold medalist in figures and freestyle
25 years of skating experience
19 years of coaching experience

Basic Skills Program Descriptions

SNOWPLOW SAM recommended for ages 4 - 5

Students **MUST** be 4 years old to start a class

Snowplow Sam - Beginner: Learn to stand, fall and move across ice. Must be able to attempt standing on the ice.

Snowplow Sam - Intermediate: Learn striding, gliding and edging.

Snowplow Sam - Advanced: Ability to move across ice fluidly. Additional focus on advanced striding and edging.

BASIC 1 - 5 recommended for ages 6 and up

Beginners: Students who need to learn the Snowplow Sam skills but are age 6 and older.

Basic 1: Stronger forward skating, gliding, snowplow stop

Basic 2: Backward skating, one-foot glide, turn forward to backward, pumping on circle.

Basic 3: Two-foot turn, backward pumping on circle, forward two-foot sways.

Basic 4: Forward edges, crossovers, backward glide, three turns.

Basic 5: Backward edges, three turns, back crossovers, hockey stop.

Basic 6/7: Backward to forward turns, backward stroking, one-foot spin, T-stops.

Fall Lesson Schedule

7 lessons - \$145 Saturdays

October 28 - December 16

No lessons November 25

Each lesson includes 30 minutes of instruction and 30 minutes of free practice time.

GROUP LESSONS

#F1700	Snowplow Sam - All Levels	7:45 - 8:15 AM
#F1701	Basic 1, 2 & 3	7:45 - 8:15 AM
#F1702	Basic 1, 2 & 3	8:15 - 8:45 AM
#F1703	Basic 3, 4 & 5	8:15 - 8:45 AM
#F1704	Basic 5, 6 & 7	8:15 - 8:45 AM
#F1705	Snowplow Sam - Int./Adv.	8:45 - 9:15 AM
#F1706	Beginners Age 6+	8:45 - 9:15 AM
#F1707	Basic 1, 2 & 3	8:45 - 9:15 AM
#F1708	Snowplow Sam - Beginner	9:15 - 9:45 AM
#F1709	Snowplow Sam - Intermediate	9:15 - 9:45 AM
#F1710	Snowplow Sam - Advanced	9:15 - 9:45 AM

WHAT YOU SHOULD KNOW BEFORE YOUR SKATING LESSONS!

- Helmets are **REQUIRED** for Snowplow Sam skaters and highly recommended for all other skaters.
- Wear either leather hockey or figure skates, but please no double-bladed skates.
- Parents are not allowed on the ice without skates.
- Additional lesson information will be sent out via email.



We are proud to provide the **Learn to Skate USA** curriculum for our classes. We teach fundamentals of ice skating while building confidence and skills through each lesson. The progressive curriculum ensures success from the first steps on the ice to the mastery of advanced skills.



Private Music Lessons

Private 30-minute lessons available for all ages and ability levels. Our highly-qualified instructors create lessons to fit each student's abilities and interests. Registration guarantees the same lesson time for the entire school year, and you will be billed monthly.

A Discovery School of Music Private Music Lesson Handbook and lesson schedule will be sent via email after registration.

Register for Private Music Lessons

Instructor lesson openings are listed online at www.oronocommunityed.com so you can request a specific time. If a time is already taken, that section will be listed as full. You can read biographies on each instructor to find the one with a specialty and a schedule that is right for you. If you are unsure of which instructor to pick or cannot find a time online that works, please email CEinfo@orono.k12.mn.us and you will be contacted to discuss your needs. Depending on instructor availability, lessons can begin at anytime during the school year.

Kindergarten - Adult

Annual Registration Fee: \$15

Tuition Fee: \$29 per 30-minute lesson
(Billed monthly)

The number of lessons will vary each month depending on the day of the week you have lessons. Lessons take place at the Discovery Center in Maple Plain. Room locations will be emailed to those registered. Please refer to the handbook for more information.

2023-24 Lesson Dates: September 11 - May 3

Lessons will follow the school district calendar and will not be held during school breaks/holidays.



2023 - 2024 World Language Program

Program Details

For students in Kindergarten - 5th grade

Language Sprout

Language Sprout is the largest provider of children's language programs in Minnesota. Instructors are trained using the latest in language acquisition research and teaching methods. All instructors have the language proficiency of an educated native speaker. Teachers advance through four learning levels before receiving Master Level teaching certification. Class size ranges from 10 - 16 students. Children will be grouped by grade level and proficiency. Returning students will be given registration preference through August 31st. Class options are subject to change based on enrollment. Learn more about Language Sprout at www.languagesprout.com.

Fees

The program fees include workbooks and materials. Register online and you will be charged monthly. Your \$50 yearly registration deposit is non-refundable. You will be billed for the program beginning October 1st. Scholarships are available.

Spanish and Mandarin, Grades K - 5

Classes meet for approximately 55 sessions
Estimated full year cost: \$840
(\$105 monthly for 8 months)
+ \$50 Deposit Fee

Register
Now!

SPANISH

Kindergarten - Grade 5

For more than 20 years we have offered before school Spanish programming. The Spanish program now has enhancements including online classes, bonus materials, video libraries, school release day options, camps and much more. Children will be grouped by age, grade level and proficiency.

#F9050 Registration Deposit Fee - \$50

Tuesday & Thursday, Oct. 3 - May 16

**No class on non-school days and the first week of Jan.
8:10 - 8:55 AM**

MANDARIN

Kindergarten - Grade 5

Sections will be formed based on student experience, and the schedule may vary due to number of students enrolled.

#F9055 Registration Deposit Fee - \$50

Monday & Wednesday, Oct. 2 - May 15

**No class on non-school days and the first week of Jan.
8:10 - 8:55 AM**



Language
Sprout



School Age Child Care

Spartan Kids

2023-24
school year
registration is
now open!

Before and after school, non-school day and summer care
for students Kindergarten - Grade 5.

Spartan Kids School Year Child Care

- ✓ Before & After School Care offered Monday - Friday
- ✓ **HOURS: 7 AM** until start of school day - after school until **5:45 PM**
- ✓ We also provide full day care for currently contracted families on most non-school days, parent-teacher conference days and some school breaks.

**Spartan
Kids is Hiring!**
Contact Katie Gram
for more info!



About Our Program

- Flexible enrollment options: before and/or after school, two to five days per week.
- Conveniently located in the Orono Intermediate School.
- Full-day programming on select non-school days and during the summer.
- Trained, dedicated staff who support all children in their development and learning.

Site Coordinator - Katie Gram

katie.gram@oronok12.mn.us | 952-449-8363

For more information: oronoschools.org, click Community Education > Child Care > Spartan Kids

Preschool Enrichment

Preschool Ballet & Creative Movement

This class is designed to expand dance related motor skills with a ballet base. Dancers develop coordination, and self-expression through movement and music. This class uses a variety of props and a fun-filled positive learning environment. Come dressed in a leotard with tights. Ballet slippers required.

Instructor: Lake Minnetonka Dance Academy

#F317 | Ages 2 ½ - 4 | Saturdays, Sept. 16 - Nov. 11
8 sessions - \$108 | 12 - 12:45 PM | No class Oct. 21
Lake Minnetonka Dance Academy

Sing-Along Art - Parent & Child

Come and sing along with us as we create art inspired by favorite songs such as: "I'm a Little Tea Pot" and "Itsy Bitsy Spider". We'll use glow-in-the-dark paint to make our stars twinkle, get those "Wheels on the Bus" rolling with paint, and make bright, sunny art as we sing "You Are My Sunshine." Combine your child's love of art and music in this fun-filled class! Children must be accompanied by a caregiver.

Instructor: Kidcreate Studio

#F358 | Ages 18 months - 6 | Mondays, Oct. 2 - 23
4 sessions - \$82 | 10 - 11 AM
Discovery Center | Room 201

1st DownTots

This flag football class uses a variety of fun drills and games to introduce players to basic concepts of football fundamentals including passing, running/rushing, receiving and defense (de-flagging). Join us for a very active and fun class!

Parent/guardian participation is recommended for this camp.

Instructor: Skyhawks

#F364 | Ages 2 - 3 | Saturdays, Sept. 23 - Oct. 14
4 sessions - \$69 | 9 - 9:30 am
Orono Schools | Field 6

#F365 | Ages 3 - 4 | Saturdays, Sept. 23 - Oct. 14
4 sessions - \$69 | 9:40 - 10:10 am
Orono Schools | Field 6

More Options for Your Preschooler!

Swim Lessons | page 20
Tennis Lessons | page 33
Wrestling | page 35
Ice Skating Lessons | page 36
Art Classes | pages 30
At-Home STEM Kits | page 28

Mini-Hawk Camp: Basketball, T-Ball & Soccer

This soccer, t-ball and basketball program gives kids a fun and positive first step into athletics. Campers explore balance, hand-eye coordination and skill development at their own pace.

Instructor: Skyhawks

#F377 | Ages 4 - 6 | Saturdays, December 2 - 23
4 sessions - \$85 | 10:20 - 11:20 am
Activities Center | Court 3

HoopsterTots

HoopsterTots by Skyhawks uses age-appropriate games to engage kids in sports. This basketball camp focuses on dribbling, shot technique, passing and teamwork. Adjustable hoops and appropriately sized basketballs are used to always provide just the right amount of challenge. Parent/guardian participation is recommended for this camp.

Instructor: Skyhawks

#F375 | Ages 2 - 3 | Saturdays, Dec. 2 - 23
4 sessions - \$69 | 9 - 9:30 AM
Activities Center | Court 3

#W376 | Ages 3 - 4 | Saturdays, Dec. 2 - 23
4 sessions - \$69 | 9:40 - 10:10 AM
Activities Center | Court 3

SoccerTots

These soccer-themed motor skill classes are perfect for your youngsters. Younger age groups focus on developing motor skills and self-confidence. Older age groups focus on developing core soccer skills and introduce light competition. Instructor-to-student ratio is kept small to maximize individual development. We promote fun, fun, fun! Parent/guardian participation is recommended for this camp.

Instructor: Skyhawks

#F370 | Ages 2 - 3 | Saturdays, Oct. 28 - Nov. 18
4 sessions - \$69 | 9 - 9:30 AM
Activities Center | Court 3

#F371 | Ages 3 - 4 | Saturdays, Oct. 28 - Nov. 18
4 sessions - \$69 | 9:40 - 10:10 AM
Activities Center | Court 3

Early Learning

Our Mission

Children learn best through *play, discovery* and *exploration*. That is the basis of our philosophy and work at Orono Early Learning. Our staff are deeply immersed in ensuring that all children in our programs feel safe and confident and are engaged in developmentally-appropriate activities that promote social, emotional and academic growth. In recognizing that family is a child's first teacher, we place high priority on family support and engagement.

Discovery Center

5050 Independence Street
Maple Plain, MN 55359

952-746-5895

Register: oronocommunityed.com

Why Choose Orono Early Learning?

- ✓ **Orono School District's Early Learning Program** is in one of the nation's finest school districts.
- ✓ **Licensed Early Childhood Teachers** with years of experience.
- ✓ **ECFE classes** that focus on early childhood development.
- ✓ **Creative Curriculum®**: Highest-rated preschool curriculum.
- ✓ **Accredited** by the National Association for the Education of Young Children (NAEYC®).
- ✓ **4-Star** Parent Aware rated program.
- ✓ **Classroom Engagement Model Framework**: Research-based teaching practices that lead to increased engagement.
- ✓ **Gold® Assessment**: Minnesota Department of Education Kindergarten Entry Profile approved assessment.
- ✓ **Nature-Based Learning Experiences**: "The Backyard" is our beautiful, natural learning and play space.
- ✓ **Scholarships** are available for Preschool classes for ages 3+.



Early Learning

ECFE

Early Childhood Family Education

Programs to support & strengthen families Activity time, circle time and parent discussion and support.

Baby & Me

Non-separating

Birth - 8 months
Thurs., Oct. 5 - May 16
10:30 - 11:45 AM

Baby & Me:

Crawlers & Walkers

Non-separating

8 - 16 months
Thurs., Oct. 5 - May 16
9 - 10:15 AM

Wonderful Ones

Separating

Wed., Oct. 4 - May 15
9 - 10:30 AM
Fri. Oct. 6 - May 17
9 - 10:30 AM

Terrific Twos

Separating

Tues., Oct. 3 - May 14
9 - 10:30 AM

Thrilling Threes

Separating

Fri., Oct. 6 - May 17
10:45 AM - 12:15 PM

Marvelous Mixed Ages

Separating

Birth - 5 years old
Tues., Oct. 3 - May 14
10:45 AM - 12:15 PM
Wed., Oct. 4 - May 15
10:45 AM - 12:15 PM

Sliding Fee Scale

INCOME	MONTHLY TUITION		ADD'L. CHILD	
	All Others Baby & Me		All Others Baby & Me	
\$95,000+	\$89.25	\$75	\$23.50	\$20.50
\$75,000 - \$94,999	\$76	\$56	\$21	\$17.75
\$60,000 - \$74,999	\$57	\$43.50	\$18	\$16.50
\$45,000 - \$59,999	\$41	\$31	\$12	\$12
\$25,000 - \$44,999	\$22.25	\$17.75	\$8.25	\$7.25
\$0 - \$24,999	\$0		\$0	

Preschool

Minnesota Department of Education School Readiness program

Ages as of September 1, 2023

Practice Preschool

Ages 2 ½ - 3

Must be 3 by Dec. 31, 2023

T/Th (Sept. 12 - May 23)
9:15 - 11:45 AM
\$249/month

Preschool

Must be potty trained

Ages 3 - 4

T/Th (Sept. 12 - May 23)
9:15 - 11:45 AM
\$249/month

Ages 3 - 4

M/W/F (Sept. 11 - May 23)
9:15 - 11:45 AM
\$345/month

Preschool

Must be potty trained

Ages 3 - 5

M - Th (Sept. 11 - May 23)
9:15 AM - 2:45 PM
\$970/month

Ages 4 - 5

M/W/F (Sept. 11 - May 23)
9:15 - 11:45 AM
\$345/month

Ages 4 - 5

M - F (Sept. 11 - May 23)
9:15 - 11:45 AM
\$604/month

Ages 4 - 5 FULL - WAITLIST

M - Th (Sept. 11 - May 23)
9:15 AM - 2:45 PM
\$970/month

Licensed Early Childhood Teachers develop a play-based environment for children to learn and grow! Preschool teachers partner directly with families through ongoing communication and conferences held twice a year.

Preschool teachers implement the **Classroom Engagement Model (CEM)** framework in their classrooms. The model promotes full participation of every child in the classroom.

Orono Early Learning is on year five of a five-year program-wide implementation plan. Teachers are trained and coached on how to implement CEM in their classroom practices and to increase family engagement.



Clubhouse

Programs designed to extend your child's day

Multi-age programs filled with Creative Curriculum® studies and activities to enhance your child's social, emotional and academic development. The Clubhouse programs are led by CDA-trained (Child Development Associate), experienced and highly-qualified teachers. **Available Monday - Friday.**

These programs begin the week of September 11, 2023

Morning Movers

Must be potty trained

An early drop off option to help with your scheduling needs.

Ages 3 - 5

8:30 - 9:15 AM
\$10/day

Morning Clubhouse

Discovery time, story time, art and music, circle time, snack and outside play.

18 months - 5 years

9:15 - 11:45 AM
Under 3: \$30/day
3+: \$25/day

Lunch Bunch

Pack a lunch. Milk and water provided. Must be potty trained.

Ages 3 - 5

11:45 AM - 12:45 PM
\$10/day

Afternoon Clubhouse

Extend your preschooler's day! Must be potty trained.

Ages 3 - 5

12:45 - 2:45 PM
\$20/day

After Adventure

Must be potty trained

Late pick-up option to help with your scheduling needs.

Ages 3 - 5

2:45 - 3:45 PM
\$10/day



Discovery Kids

Year-round, full-day licensed child care

Discovery Kids provides a safe and caring place where children enjoy interest-based activities that support learning in the areas of personal and social development, language and literacy, mathematical thinking, scientific thinking, social studies and physical development.

Hours: 7 AM - 5 PM

Ages: 16 months - PreK

Schedule: School year, most non-school days and summer

Meals: Breakfast, hot lunch and snack provided

** Select openings available **



Early Learning

Early Childhood Screening

A free check of how your child is growing, developing and learning

Early Childhood Screening is a free opportunity to connect you and your family with district and community resources, if needed, to support your child and prepare school, parents and community for successful learners. This free assessment is required by the State of Minnesota before entry into Kindergarten

What happens during an Early Childhood Screening appointment?

A trained professional will check: vision & hearing; large & small muscles; height & weight; health & immunization; social & emotional development; thinking, language & communication skills.

When do you schedule your Early Childhood screening appointment?

Ideally, children participate in screening between the ages of 3 1/2 and 4. Earlier is better!

Appointments last approximately 1 hour.

Contact us to set up your child's screening appointment.
Call 952-746-5815 or email ecscreening@orono.k12.mn.us

Orono Early Learning Parent Group

Share your ideas and connect with other parents



The Orono Early Learning Parent Group is seeking members!

This group helps plan fundraisers and assists in outreach efforts for the Early Learning program.

If you are interested in joining, please contact **Kaela Gallup** at kaela.gallup@orono.k12.mn.us.

VEHICLE FAIR & OPEN HOUSE

All are invited to
Orono Early Learning's
Open House!

Held rain or shine.

Thursday, September 7

4:30 - 6 PM

Discovery Center in Maple Plain

Meet the teachers • Tour the Preschool rooms

Special Guests

Maple Plain Fire Department
West Hennepin Public Safety
and more!





The Discovery Center is bringing people together with new opportunities. Youth and adults can enjoy a wide variety of enrichment programs. The Discovery Center and its programs are coordinated by Orono Community Education, a department of the Orono Schools.

www.oronoschools.org

Click on Community Education

952-746-5895

**5050 Independence Street
Maple Plain, MN 55359**

Orono Schools Early Learning Program

These programs and services support young children and their families through the critical developmental years of birth to age five. The wide range of integrated early learning programs and services set the foundation for future school and life success and is coordinated with the Orono Schools' K-12 curriculum and goals. For more information on these services, look online at www.oronoearlylearning.com, call 952-746-5895 or see pages 41 - 44 of this brochure.

Programs include:

- **ECFE** (Early Childhood Family Education) parent-child classes starting at birth
- **Practice Preschool, Preschool & The Clubhouse** offering flexible schedule options
- **Discovery Kids Child Care** offering full and part-time year-round child care for ages sixteen months through the start of Kindergarten
- **Early Childhood Developmental Screening** starting at 3 years of age. Screening is required before entering a Minnesota public school Kindergarten program
- **The Discovery Backyard** is a natural play space for children to explore and learn through connections with nature featuring mud, sand, sticks, stones and gardens!
- **Early Learning Parent Group** join and help guide the variety of Early Learning programs



Community Programs & Opportunities at the Discovery Center

The Discovery Center is the Orono Schools' multi-use community center providing lifelong learning opportunities for all ages. The Discovery Center is an important resource for the communities of the Orono Schools. Contact Orono Community Education at 952-449-8350 or online at oronoschools.org and click on Community Education to learn more about our programs.

- **Discovery School of Music** - Lessons in piano, voice and band instruments
- **Art Studio** - Offering adult and youth art classes and open studios
- **English as a Second Language** - For adults wanting to improve their English skills
- **Adult and Youth Enrichment Classes** - Many topics and subjects available. See listing in this brochure or online at oronocommunityed.com.
- **Community Meeting Space** - Available for rental



The Discovery Center and its programs are coordinated by Orono Community Education, a department of the Orono Schools.

Registration Info

HOW TO REGISTER



ONLINE

www.oronocommunityed.com

- Search for a specific class/subject or browse all programs
- New customers will need to create an account



PHONE

952-449-8350

Please have your Visa, MasterCard, Discover or AMEX number and your course information ready.



IN PERSON

Visit our office in the Orono Education Link
705 N. Old Crystal Bay Road, Long Lake
Pull into the circle drive for Schumann Elementary and enter door E24.

Email Notice

We often use email to send additional information about your class/program and also to promote new and upcoming offerings. Please keep your email up-to-date. Go into your Eleyo account at www.oronocommunityed.com and change your email or call us at 952-449-8350 and we will be happy to change it for you.



Participants in our programs may be photographed or filmed and the pictures and videos may be used by Community Education for promotional purposes; for example, print brochures or our website. No personal information (names, grades, ages, etc.) will ever be released. If you do not wish you or your child to be photographed or filmed, please contact the Community Education office at 952-449-8350.

Thank you.

Office Hours

**Monday - Friday
8:30 AM - 4:30 PM**

Class Confirmation

To receive enrollment confirmations, please include your email address! Otherwise, no news is good news. We will contact you:

- If there is a change in class details
- If the class is canceled

Class Cancellation

If you need to drop a class, please notify us at 952-449-8350 as soon as possible. Up to 3 business days prior to the class, a refund minus a \$10 cancellation fee will be issued. After that time, no refunds will be issued. Partial refunds will be considered if injury or serious illness occurs. Some programs have a more specific refund policy. If Community Education needs to cancel a class, we will contact you and process a full refund.

School Closings

If school closes during the day due to weather, Community Education will cancel all after school and evening activities. Watch your email for adjustments to planned activities.

Fee Assistance

Please call 952-449-8354 for an application or more information.

Senior Discount

A senior discount of 10% off is available for adults 62+. The discount will be automatically applied to your cart during online registration. To ensure you receive the discount, be sure to add your date of birth to your account in our registration system.

UCare Discount

A \$15 UCare member discount is available for most Community Education classes. Members must provide their UCare member ID number when enrolling for a class. Please call our office directly to register with this discount.

Ayuda en Español

Por favor, envíe por correo electrónico su pregunta y número de teléfono a: CEinfo@oronok12.mn.us y alguien de nuestra oficina que habla español le devolverá la llamada o enviará un correo electrónico para responder a las preguntas sobre los programas en este folleto o ayudarle a registrarse.

Locations

Orono Schools Class Locations

Discovery Center

5050 Independence Street
Maple Plain, MN 55359

Morrison (Orono) Ice Arena

1025 N. Old Crystal Bay Road
Long Lake, MN 55356

Orono Activities Center

795 N. Old Crystal Bay Road
Long Lake, MN 55356

Orono High School

795 N. Old Crystal Bay Road
Long Lake, MN 55356

Orono Education Link

705 N. Old Crystal Bay Road
Long Lake, MN 55356

Orono Intermediate School

685 N. Old Crystal Bay Road
Long Lake, MN 55356

Orono Middle School

800 N. Old Crystal Bay Road
Long Lake, MN 55356

Schumann Elementary

765 N. Old Crystal Bay Road
Long Lake, MN 55356

Spartan Kids

685 N. Old Crystal Bay Road
Long Lake, MN 55356

Additional Class Locations

Iron Exchange

1500 Howard Avenue
Maple Plain, MN 55359

Lake Minnetonka Dance Academy

4148 Shoreline Drive
Spring Park, MN 55384

Mound Westonka High School

590 S Sunnyfield Road E.
Mound, MN 55364

Wayzata Central Middle School

305 Vicksburg Lane N.
Plymouth, MN 55447

Westonka Activity Center

5903 Sunnyfield Road E.
Minnetrista, MN 55364



Please note the location of your class. Some classes are hosted by neighboring school districts and local businesses.

Class locations are subject to change.

If the building changes, we will notify you via email.

For room changes within a building, the most up-to-date location will be listed on the course reminder email sent a few days prior to the class.

Facilities & Rentals

Orono Schools and Community Education encourages the use of district facilities by residents and area organizations. Rental fees are determined by the group classification.

You may request to rent school district facilities before and after the regular school day, on weekends and during the summer. Your request must be received at least **10 days prior** to your requested date of use.



Please contact Deb Slomkowski at deborah.slomkowski@orono.k12.mn.us for more information or visit ac.oronoschools.org/facilities.

INDEPENDENCE - LONG LAKE - MAPLE PLAIN - MEDINA - MINNETONKA BEACH - ORONO

Art in the Park



FREE *art event* for the whole family!

Thursday, September 28

5 - 7 pm • Veterans Memorial Park in Maple Plain

MUSIC & DANCE PERFORMANCES • HANDS-ON FALL ART PROJECTS • FOOD TRUCKS

oronocommunityed.com | 952-449-8350

This brochure contains classes that take place September - December.